



ANNUAL REPORT

April 1, 2009 to March 31, 2010



OPHA and its collaborative partners continue to work with communities across Ontario to promote and protect health and prevent disease

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OPHA

The Voice of Public Health Since 1949

Founded in 1949, the Ontario Public Health Association (OPHA) is a voluntary, non-profit association of individuals and constituent societies from various sectors and disciplines that have an interest in improving the health of the people of Ontario.

Our Mission

The mission of the Ontario Public Health Association (OPHA) is to provide leadership on issues affecting the public's health and to strengthen the impact of people who are active in public and community health throughout Ontario.

Our mission is achieved by providing:

- Educational opportunities and up-to-date information in community and public health.
- Access to local, provincial and multidisciplinary community health networks.
- Mechanisms to seek and discuss issues and views of members.
- Issue identification and advocacy with a province-wide perspective.
- Expertise and consultation in public and community health.

Our Vision

The Ontario Public Health Association will be a dynamic and innovative force, enhancing and reshaping public health.

Today, OPHA enjoys:

- Strong leadership on public health reform in Ontario.
- Being well resourced, with significant policy analysis capacity.
- Strong links with other health organizations.
- A commitment to advocacy.
- Being consistently consulted and highly respected.

Our Values

OPHA seeks to:

- Be an independent voice for public health.
- Encourage a broad concept of health.
- Promote health equity, social justice, inclusivity and diversity.
- Foster active and mutually rewarding partnerships.
- Promote volunteerism and value volunteer contributions.
- Facilitate recognition of public health as an integral part of a publicly funded Canadian health system.
- Be responsible and accountable in the conduct of its organizational affairs and conduct itself with integrity in accordance with ethical and professional standards.

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PRESIDENT'S MESSAGE

It was my pleasure to begin my two-year term as President of the Ontario Public Health Association in January 2010, taking the position left by Carol Timmings who ably led the organization since January 2008. As I began my term as President, the public health community began to recover from delivering the largest and most intense vaccination program in Canadian history. Although OPHA was not affected directly by H1N1, the system's response to it did have some impact on our members over the year.

"Staying the course" would describe OPHA during the fiscal year ending March 31, 2010. Despite spending over six months anticipating and preparing for the uncertainty brought about by the H1N1 pandemic, OPHA was able to maintain significant activity on health promotion and other public health issues. For this I would like to thank Carol Timmings, outgoing President, for her attention to the business

of OPHA during the H1N1 pandemic. I also want to thank the OPHA Board of Directors who, during these uncertain times, maintained their commitment to OPHA. As you will see in this report, OPHA remained active and vibrant even though many of its members were "reassigned" or "redeployed" to H1N1 activities. Highlights of the Board's work, as well as reports from our programs, projects, Constituent Societies, and workgroups illustrate the commitment and dedication that practitioners have to advancing public health in Ontario.

One of my key initiatives for the next two years is to renew and transform OPHA in light of the recent developments in public health, i.e., the realization of the role the Ontario Agency for Health Protection and Promotion, the maturation of the Ministry of Health Promotion, the implementation of the Ontario Public Health Standards and Protocols, the introduction of performance measures for health units and the constraints brought about by the economic downturn. In February, OPHA began a strategic planning process to align OPHA within a changing public health landscape. Next year's annual report will provide details of the new strategic plan and the work we will undertake to revamp OPHA.

Sincerely,



Liz Haugh



**Liz Haugh, President and
Carol Timmings, Past President**

Board of Directors

Back Row, from Left to Right:

Alanna Leffley, Constituent Society Representative, APHEO

Nancy Lacasse, Member-At-Large

Tino Serapiglia, Vice-President

Camille Burnett, Member-At-Large

Shawn Zentner, Constituent Society Representative, ASPHI-O

Mohamed Kadry Taher, Member-At-Large

Anna Rusak, Constituent Society Representative, OAPHD

Gloria Morris, Constituent Society Representative, CHNIG/RNAO

Barb Bartle, Constituent Society Representative, OSNPPH

Front Row, from Left to Right:

Pemma Muzumdar, Member-At-Large

Almaz Reda, Constituent Society Representative, AOHC

Charlene Beynon, Constituent Society Representative, PHRED

Liz Haugh, President

Connie Uetrecht, Executive Director

Monica Mitchell, Treasurer

Inge Roosendaal, Constituent Society Representative, HPO.ph

Nolly Baksh-Singh, Board and Member Relations Officer



OPHA BOARD OF DIRECTORS (AS OF JANUARY 2010)

Officers

Liz Haugh, President

Tino Serapiglia, Vice-President & Advocacy Committee Chair

Marty Mako, Secretary & Membership Committee Chair

Monica Mitchell, Treasurer & Audit Committee Chair

Carol Timmings, Past-President

Members-At-Large

Camille Burnett (London)

Larry Stinson (Peterborough)

Pemma Muzumdar (Toronto)

Mohamed Kadry Taher (Ottawa)

Constituent Society Members

ANDSOOHA – Public Health Nursing Management, Karen Quigley-Hobbs

Association of Ontario Health Centres (AOHC), Almaz Reda

Association of Public Health Epidemiologists in Ontario (APHEO), Alanna Leffley

Association of Supervisors Public Health Inspectors of Ontario (ASPHI-O), Shawn Zentner

Canadian Institute of Public Health Inspectors, Ontario Branch (CIPHI-O), Cameron Weighill and Fran Gelder (alternate)

Community Health Nurses Initiatives Group (RNAO), Gloria Morris

Health Promotion Ontario: public health (HPO.ph), Inge Roosendaal

Ontario Society of Nutrition Professionals in Public Health (OSNPPH), Barb Bartle

Ontario Association of Public Health Dentistry (OAPHD), Anna Rusak

Ontario Public Health Libraries Association (OPHLA), Elena Goldblatt

Public Health Research, Education and Development (PHRED) Programs, Charlene Beynon

Outgoing Board Members (2009)

Christina Mills, Member-At-Large (Waterloo)

Nancy Lacasse, Member-At-Large (Sudbury)

Peter Gauthier, Constituent Society Representative, ASPHI-O



Peter Gauthier,
ASPHI-O Representative



Dr. Chris Mills, Member-at-Large
and Marty Mako, Secretary

EXECUTIVE DIRECTOR'S MESSAGE

The highlight of the year was OPHA's 60th anniversary conference. With the commitment of our staff, we did indeed celebrate the event. Board and Member Relations Officer, **Nolly Baksh-Singh**, ensured that many of our past presidents were on hand to celebrate and provide quotes and pictures from the past. Communications Officer, **Garth Hardie**, created a "trip down memory lane" in both print and electronic form and highlighted OPHA's Constituent Societies in an article for *Public Health Today* magazine as well as in a slide show. OPHA Administrative Assistant, **Manny Coluccio**, and Senior Finance and Administration Officer, **Donna Galasso**, organized more sponsors and exhibitors than OPHA has ever had.

We celebrated at a President's Reception and at our Awards Luncheon. Many dignitaries were on hand: Lieutenant Governor Honourable David C. Onley; Minister of Health and Long-Term Care, Deb Mathews; Minister of Health Promotion, Margaret Best; and our Chief Medical Officer of Health, Dr. Arlene King.

It was indeed a memorable event!

OPHA continues to provide services to our members and partners through our website www.opha.on.ca and our monthly OPHA e-bulletin. The services of OPHA's Web Editor/Chief Information Officer, **Dorothy Birtalan**, are critical to the timely delivery of information through these communication tools. At the end of March, 2010, we had over 700 subscribers to our monthly e-bulletin. We use the e-bulletin to provide information on:

- **Our Voice in Action** – describing our advocacy activities and highlights from our workgroups;
- **Program Updates** – providing new information about OPHA program activities;
- **Constituent Society and Partnership Corner** – providing news about our professional associations and our partnerships such as the Ontario Healthy Schools Coalition;
- **Hot Topics** – providing short articles of interest to our readers;
- **Organizational Update** – highlighting activities of the Board of Directors, the Executive Committee, and within OPHA.

This year, the third and fourth issues of the *Public Health Today* magazine were released. The third issue built on the theme and streams of the 2008 Conference, *Making Healthy Communities Count*, and informed external partners about public health and OPHA. The fourth issue focused on public health graduate programs, celebrated the professions in public health, reflected on OPHA's history, and introduced the public health essay contest winners.

H1N1 affected our work. Many of OPHA's programs experienced less contact with public health staff as many of our colleagues were redeployed. Although our staffing was relatively stable, it was also a year of transition for OPHA programs as we anticipate new opportunities in an ever-changing environment.

Sincerely,

Connie Uetrecht



Past Presidents with Lieutenant Governor David C. Onley

Back Row, From Left to Right:

Jane Underwood, 1993-1994

Richard Edwards, 1994-1995

Winston Miller, 1995-1996

Rudolph V. Peters, 1982-1983

Carol Timmings, 2007-2009

Fran Perkins, 1985-1986

Ronald Labonte, 1989-1990

Brian Hyndman, 1997-1999

Chief of Staff in uniform

James Leake, 1983-1984

Rebecca Metcalfe, 1989-1990

Connie Uetrecht, 2001-2003

Ruth O'Donnell, 1991-1992

Robert McQuillan, 1967-1968

Front Row, From Left to Right:

Garry Aslanyan, 2004-2008

Lieutenant Governor's wife,

Ruth Ann Onley

Lieutenant Governor,

Hon. David C. Onley

Peg Folsom, 1987-1988



Dr. Arlene King and Minister Deb Mathews



Carol Timmings and Nolly Baksh-Singh who has been with OPHA for 20 years.

ONTARIO PUBLIC HEALTH ASSOCIATION STAFF LIST



Back Row, from Left to Right:
Connie Uetrecht, Omer Chaudry,
Dorothy Birtalan
Front Row, from Left to Right:
Nolly Baksh-Singh, Donna Galasso

Connie Uetrecht, Executive Director
Nolly Baksh-Singh, Board and Member Relations Officer
Garth Hardie, Communications and Public Relations Officer
(through November, 2009)
Donna Galasso, Senior Finance and Administration Officer
Manny Coluccio, Administrative Assistant (on maternity leave)
Dorothy Birtalan, Web Editor/Chief Information Officer
Omer Chaudhry, IT Administrative Support

Alcohol Policy Network (APN), Injury Prevention Initiative (IPI), and Youth Engagement

Benjamin Rempel, Manager, Alcohol Education,
Injury Prevention and Youth Engagement
Jason LeMar, Coordinator, Alcohol Education Projects
Tina Wadham, Coordinator, Youth Engagement (from October 2009)
and Competency Based Performance Management (through Sept 2009)
Jennifer Lodge, Administrative Coordinator

Heart Health Resource Centre (HHRC)

Andrea Bodkin, Manager
Pam Kinzie, Program Coordinator, Training and Development
Rebecca Byers, Program Coordinator, Consultation and Coaching
Angella Kalloo, Program Assistant

Nutrition Resource Centre (NRC)

Cindy Scythes, Manager
Sarah Evason, Program Coordinator,
Colour It Up...Go For More Vegetables & Fruit (on maternity leave)
Heather Harvey, Program Coordinator, Eat Smart!® Program.
Mary Ellen Prange, Program Coordinator, Eat Smart!® and NutriSTEP®
Lee Rysdale, Program Coordinator, NutriSTEP® Program
Elizabeth Smith, Program Coordinator,
CFA Program, Healthy Eating Manual, and Colour It Up
Kathleen Orth, Program Assistant

Ontario Chronic Disease Prevention Alliance (OCDPA)

Hoi Ki Ding, Acting Manager
Shawna Scale, Manager OCDPA – (on maternity leave through February, 2010)

Towards Evidence-Informed Practice (TEIP) Project

Dayna Albert, Manager
Christine Herrera, Project Coordinator

Trillium Projects

Erica Phipps, CPCHE Partnership Director (contract)

YEAR IN REVIEW

This 2009-2010 Annual Report highlights the important work that OPHA undertook throughout this fiscal year to support public health and the transformation of the public health system. This work is reported under our four strategic directions:

- 1 Our Voice in Action:** profiling OPHA's advocacy activities
- 2 Enhancing Public Health Programs and Services:** accomplishments in supporting public health programs and competency based performance
- 3 Strategic Partnerships and External Relations:** working with key stakeholders to strengthen public health in Ontario
- 4 Developing and Improving OPHA as an Organization:** work of the Board of Directors and its committees

The Board of Directors held one Board Orientation teleconference and three face-to-face meetings. The Executive Committee met on eight occasions to undertake business on behalf of the Board. Many of the highlights described in this report were the focus of attention for our Board of Directors.

A major function of the OPHA Board of Directors is to implement the organization's strategic plan. This fiscal year was the last implementation year of OPHA's present strategic plan. Our actions to fulfill our strategic plan are highlighted under each direction.

Our Voice in Action

OPHA's core business is to provide information and mobilize support to help shape healthy public policy. This year the advocacy priorities were to: continue to renew public health as recommended by the Capacity Review Committee and increase investment in chronic disease and injury prevention; address the social determinants in order to reduce health inequities; and reduce exposure to toxic substances.

The Advocacy Committee, comprised of OPHA Board members and Workgroup Chairs, is one mechanism by which OPHA carries out its advocacy role. One of the responsibilities of the Committee was to solicit, review and present resolutions and position papers at the Annual General Meeting on November 1, 2009. The resolutions and position papers passed with subsequent follow-up action this year included:

- Community Water Fluoridation
- Adults in Dental Pain
- Strengthening Public Health Laboratories

OPHA takes action on many healthy public policy issues. This year OPHA provided information and recommendations on the following issues:

- The Ministry of Health Promotion's Healthy Communities framework
- Response to Dr. Pascal's report *With our Best Future in Mind*
- Response to the Mental Health Report *Every Door is the Right Door*
- Renewed commitment to the Smoke-Free Ontario Act and Strategy
- Advice to the Ministry of Education regarding the Health and Physical Education, and Health and Social Science curricula.

The Ontario Public Health Association (OPHA) is a not-for-profit organization that provides a strong, unified independent voice for all citizens — public health professionals and volunteers — committed to improving the health of all Ontarians. Since 1949, the mission of the Ontario Public Health Association has been to provide leadership on issues affecting the public's health and to strengthen the impact of people who are active in public and community health throughout Ontario.

Workgroups

Workgroups provide the expertise to inform OPHA's voice on healthy public policy issues. They also serve as a communities of practice to network, share information and resources and work together on initiatives. Our workgroups attract the participation of over 140 public health practitioners throughout Ontario. The workgroups have conservatively estimated that they contributed over 3000 hours of OPHA work.



The 10-member **Alcohol Workgroup**, chaired by **Nancy Langdon**, kept watch on the provincial government's discussion on the privatization of the LCBO and informed the Premier of the negative health consequences of potential changes to the sale of alcohol beverages. On the Workgroup's advice, OPHA recommended to the Department of Justice that Ontario introduce Random Breath Testing into the drinking and driving legislation and that Ontario maintain the zero blood alcohol content tolerance until drivers reach 21 years of age.

The 33-member **Breastfeeding Workgroup**, chaired by **Anne Smith**, supported the Joint Policy Statement on Normal Child Birth by the Society

of Obstetricians and Gynecologists. The workgroup's numerous advocacy initiatives included advocating for a national and a provincial breastfeeding strategy and advocating for the inclusion of breastfeeding in the elementary and secondary school curriculum. Educational initiatives included dissemination of their *Breastfeeding Information and Activity Kit for Secondary School Teachers* which is now in use across Ontario, and promotion of a breastfeeding educational module to schools of health care professionals. Finally, the workgroup continued to build the case that breastfeeding is an important component of a poverty reduction strategy. In recognition of its expertise, the OPHA Breastfeeding Workgroup has been invited to join the Ministry of Health and Long Term Care's (MOHLTC) Breastfeeding Committee.

The 15-member **Environmental Health Workgroup**, chaired by **Marina Whelan**, was extremely busy providing advice on several important environmental health issues. The workgroup was a major influence on the Cosmetic Pesticide Act enacted on April 22, 2009. This year, the workgroup, through **Helen Doyle**, was heavily involved with one of OPHA's priority advocacy activities, carried out through the Canadian Cancer Society's Environmental and Occupational Carcinogen Stakeholder Group, to influence the legislation and regulations for the Ontario government's Toxics Reduction Act. Other advocacy topics included the reduction of global mercury pollution, an international ban on lead paint and the recommendation to update the Waste Diversion Act, 2002. In addition, this workgroup was honoured to be invited to participate in the Great Lakes Canadian Stakeholder Advisory Group to the International Joint Commission on Great Lakes Water Quality Agreement.

Environmental Bill of Rights submissions were made on the following:

- Healthy Great Lakes, Strong Ontario
- Toxic Reductions Act Regulation – comments on act and regulations
- Green Energy Act
- Lead in Drinking Water

Workgroup Chairs

Back Row, From Left to Right:

Daniela Seskar-Hencic, Chair,
Access and Equity Workgroup

Angela Loconte, Chair, Violence
Prevention Workgroup

Liz Haugh, President, OPHA

Anne Smith, Chair, Breastfeeding
Promotion Workgroup

Leanne Powell, Chair,
Public Health Alliance Workgroup

Nancy Langdon, Chair, Alcohol
Workgroup

Front Row, From Left to Right:

Tracy Woloshyn, Chair,
Food Security Workgroup

Pat Fisher, Chair,
Built Environment Workgroup

Kerri Richards, Chair,
Injury Prevention Workgroup

Recognizing the diversity of interests in the built environment, the Environmental Workgroup was instrumental in bringing forth an OPHA resolution on the topic and recommending the formation of the **Built Environment Workgroup**. Co-chaired by **Pat Fisher** and **Kiran Ghai**, the new workgroup is just beginning to formulate its work plan. The 11-member workgroup has taken a lead role in development of the 2010 OPHA Fall Forum, **Taking Action on the Built Environment: Building Healthy Public Policy** and have planned an informational webinar for the spring of 2010.

The 9-member **Access, Equity and Social Justice Workgroup**, chaired by **Daniela Seskar-Hencic**, developed several strategies to assist health units to address health inequities. These included advocating for diversity training for health units, influencing the MOHLTC guidance documents to reference program planning models with a built-in equity lens, and increasing public health practitioners' awareness of issues related to health inequities via workshops on the topic at the 2009 OPHA conference and through a CHNET-Works Fireside Chat. The Chair participated as a key informant in OAHPP consultation on health inequities and had the abstract, *Health Inequities in Ontario*, accepted for the International Union of Health Promotion Conference July 2010.

The 14-member **Food Security Workgroup**, co-chaired by **Tracy Woloshyn** and **Kim Ouellette**, provided significant healthy public policy advice provincially and nationally. They advocated to Health Canada for food regulations to eliminate industrial production of trans fat, to prohibit the discretionary fortification of foods and to regulate unlicensed natural health products being sold in food format under the Food and Drugs Act. To foster the utilization of the Nutritious Food Basket data collected by public health units, case studies were provided on the use of the Nutritious Food Basket in the Ministry of Health Promotion guidance document and resources were developed for registered dietitians in public health to utilize in their reporting on the annual Nutritious Food Basket assessment. The workgroup supported the *Put Food in the Budget* campaign, which advocated for a healthy food supplement of \$100 per month for social assistance recipients, promoted the *Do the Math* awareness-raising/advocacy campaign and associated interactive web activity (www.putfoodinthebudget.ca) and made recommendations to the Premier regarding the Special Diet Allowance. Substantial input into Health Canada's sodium consultation regarding the high levels of sodium in the food supply was provided by the Workgroup.

The 12-member **Injury Prevention Workgroup**, co-chaired by **Kerri Richards** and **Loretta Bernard**, focused its efforts this past year on organizing the workgroup, developing its priority setting processes, and undertaking an environmental scan of advocacy issues to inform future actions.

The 25-member **Children and Youth Workgroup**, chaired by **Susan Makin**, focused on two issues this year: the first, on sharing information about the impact of H1N1 on family health resources and services; and the second, on the province's Early Learning Initiative and its implications for children's health and public health service delivery. The Workgroup created a position statement on Early Learning which was sent along with recommendations to the Premier. The position statement: i) supported the full vision for Early Learning, ii) called for provincial endorsement and support to implement the vision, and iii) recommended that public health be included in provincial planning. The Workgroup collaborated with Association of Local Public Health Agencies (ALPHA) and Ontario Municipal Social Services Association (OMSSA) to promote ongoing discussion and the advancement of public health within the province's vision and to participate in a joint forum in January 2010. Work on Early Learning will continue in 2010.



The 10-member **Violence Prevention Workgroup**, chaired by **Angela Laconte**, continued its advocacy for strong gun control regulations in the wake of two bills (Bill C-301 and Bill C-391) aimed at weakening present gun control legislation. The Workgroup also continued to monitor emerging issues in the areas of: family violence; shaken baby syndrome; school, child and youth health; elder abuse; and repeal of Section 43 of the Criminal Code that allows for the physical punishment of children. With the assistance of a practicum student, the Workgroup surveyed health units on the implementation of the Routine Universal Comprehensive Screening protocol as a screening tool for domestic violence and abuse. The Workgroup continued to work in partnership with many organizations locally, provincially, and nationally in the pursuit of violence prevention and supported Prevention of Violence Canada/Prévention de la violence Canada (PVC) in delivering the 5th Town Hall meeting at the CPHA Conference in Winnipeg, Manitoba, in June 2009.

The 10-member **Marketing to Children Workgroup**, chaired by **Brian Cook**, worked with health units across the province to share information and advance policy resolutions at the local level. OPHA's position to ban marketing to children was adopted by Durham Regional Council in November 2009, and the Toronto Board of Health in February 2010. The Workgroup participated in a Public Health Agency of Canada consultation on the World Health Organization's recommendations on marketing to children.

Two new workgroups were recently approved, the **Reproductive Health Workgroup** and the **Public Health Competency Implementation Workgroup**. These two workgroups are in the process of developing their plans and building their membership.

Constituent Societies

Constituent Societies are both originators of advocacy on healthy public policy issues as well as supporters of OPHA's priorities. This year, one of OPHA's advocacy priorities was poverty reduction to reduce health inequities. Several Constituent Societies have added their voice to this issue. CHNIG/RNAO has been very outspoken about the need to address poverty. Dental care for children and youth and adults in dental pain was a major advocacy issue from OAPHD, supported by OPHA.

Led by CIPHI and ASPHIO, OPHA added its voice to advocate for mandatory food handler training, public disclosure of food safety inspections, and voiced its concern about the court decision allowing the sale of unpasteurized milk.

OSNPPH has made recommendations to the Ministry of Children and Youth Services to update the Nutrition Standards in the Day Nurseries Act.

Partnership Advocacy

The Ontario Chronic Disease Prevention Alliance (OCDPA) also advocated to the Premier for a strong and viable comprehensive tobacco control strategy, and to the Minister of Health to expand the Maternal-Infant Research on Environmental Chemicals Study.

Enhancing Public Health Programs and Services

One mechanism by which OPHA contributes to effective public health programs and services is through the knowledge transfer, consultation, and program coordination delivered through our programs. Our work on Public Health Core Competencies continues to support public health practice. Our annual conference plays a key role in knowledge exchange.

OPHA Programs and Projects

OPHA began the year as the host agency for four resource centres: **Heart Health Resource Centre (HHRC)**; **Nutrition Resource Centre (NRC)**; the **Injury Prevention Initiative (IPI)**, which includes the grant administration for the **Ontario Injury Prevention Resource Centre (OIPRC)**; and the **Alcohol Policy Network (APN)**. While the Ministry of Health Promotion (MHP) was establishing its priorities, restructuring its organization, and transitioning some of its functions to the Ontario Agency for Health Protection and Promotion (OAHPP), the resource centres at OPHA were also undergoing change.

In May 2009, the MHP created the Healthy Communities Consortium to support its Healthy Communities framework. The **Heart Health Resource Centre** and three other resource centres, (the Health Promotion Hub, the Ontario Healthy Communities Coalition, and the Ontario Drug Awareness Partnership) were identified as members of the Healthy Communities Consortium. The Consortium spent the year planning and delivering services to support those working within the Healthy Communities framework. In the Spring of 2010, the MHP directed the Consortium to undergo a formal re-organization process. Final approval on these recommendations for change in the organization and operation of these resource centres will occur in the Summer of 2010.

The **Nutrition Resource Centre** continued to manage four provincial programs, plus Healthy Eating Active Living resources for caregivers of young children. In 2009, NRC also played a key role in the Ministry of Education's School Food and Beverage Policy development, training for public health nutrition staff, and development of resources for parents and students.

OPHA began preparations to transfer the funding for the **Ontario Injury Prevention Resource Centre** to the OAHPP. As of July 2009, OPHA was no longer responsible for the management of the OIPRC contract. OPHA did, however, retain funding to facilitate and coordinate the provincial activities of the Public Health Injury Prevention Managers' Alliance. This alliance developed an operational plan to implement the Ontario Public Health Standards. A needs assessment was conducted with members of the Alliance to identify priority areas of interest and direction. A communication strategy was developed to enhance member connectedness.

The **Alcohol Policy Network** prepared for its transition to the OAHPP as of April 2010.

The services accessed by public health and community agencies were affected by the H1N1 pandemic and vaccination program. Many clients who normally access our services were redeployed during the year to respond to H1N1.

Despite all the changes, our resource centres continued to support communities of practice through informative and timely workshops, professional trainings/consultations, and dissemination of relevant reports and resources.

Summary of OPHA Programs

APN – Launched in 1995, the Alcohol Policy Network is a province-wide network of over 600 individuals and organizations dedicated to the promotion of healthy public policy with respect to alcohol.

HHRC – Launched in 1993, the Heart Health Resource Centre is now a member of the Healthy Communities Consortium, a group of resource centres working collaboratively to support those within the Healthy Communities framework, and is funded by the Ministry of Health Promotion.

IPI – The Injury Prevention Initiative was established in 2005 and included the Ontario Injury Prevention Resource Centre (OIPRC) as well as supported planning and coordination activities of injury prevention managers across the province. As of July 2009, IPI was no longer responsible for the OIPRC. However, coordination of services and strategic thinking for the Public Health Injury Prevention Managers' Alliance, along with support for various workgroups, continues.

NRC – The Nutrition Resource Centre was established in 1999 to increase the level of coordinated provincial support of nutrition promotion programming, resource development and dissemination, and support services for nutrition practitioners.

TEIP – Launched at OPHA in 2005, Towards Evidence Informed Practice aims to build a supportive culture for evidence-informed practices within Ontario's health promotion and prevention systems.

Projects and Developments

Youth Engagement Project

The goal of the Youth Engagement Project (funded by Health Canada) is to increase the knowledge, skills, and resources available to public health professionals working with grades 6, 7, and 8 students and to increase youth engagement activities among this age group to enhance protective factors and resilience against illicit drug use and risk-taking behaviours. The project researched existing resources on illicit drugs, youth engagement practices, and protective/resilience factors and conducted a needs assessment of the

public health workforce that worked with middle school-aged youth. Based on the findings from these reports, the project developed educational resources, a training curriculum and an evaluation plan for use in six pilot sites across Ontario.

Implementation of the project is underway as pilot sites engage youth in their respective communities and participate in project evaluation activities. Ongoing support is provided to pilot sites through phone and email consultation, resource development, and a website. Looking ahead, findings from the project evaluation report will be used to inform revisions to the final deliverables that will be disseminated province-wide at six regional training sessions in the spring of 2011.



Press Conference announcing the Youth Engagement project
Connie Uetrecht, Executive Director,
MP Dr. Colin Carrie and
Carol Timmings, President

Public Health Core Competency Implementation

OPHA continues to seek funding to initiate projects to support the implementation of public health core competencies. This year the original **Core Competencies for Public Health in Canada Orientation Module** was redesigned (with funding from PHAC) to facilitate utilization of the 36 core competencies for public health by public health professionals in their practice. OPHA and partner health units – City of Hamilton, Public Health Services; Haliburton, Kawartha, Pine Ridge District Health Unit; Thunder Bay

Health Unit ; and Toronto Public Health – initiated the **Competency Based Performance Management Project** with funding from HealthForceOntario. Working in collaboration with experienced consultants in the area of competency-based performance management, the Competency Based Performance Management Toolkit for public health was developed, pilot tested, and validated for use by public health professionals. Available on the Core Competencies website (www.corecompetencies.ca), this toolkit will enhance existing human resource practices and increase workforce capacity by integrating the Core Competencies for Public Health in Canada into performance management systems. Subsequently, the **Competency Based Employee Performance Management E-Learning Module** was developed with funding from the PHAC as a training tool for managers and employees to incorporate core competencies into their performance management cycle.



www.corecompetencies.ca

New Developments

Towards Evidence Informed Practice conducted an online evaluation needs assessment to understand the **evidence and evaluation needs of public health practitioners** as part of the CAPTURE Project – Simon Fraser University.

OPHA secured a research grant from Health Canada to conduct a thematic analysis and report on the **current state of alcohol advertising in Canada**.

Capacity Building Activities

Workshops/Forums

- Health Promotion Policy Development and Implementation in Real World Settings – May, 2009. (HHRC)
- CFA Cultural Food Experience: 2009 Annual Community Food Advisors Conference – June, 2009. (Community Food Advisor, NRC)
- Exploring the Evidence and Finding Solutions: A Forum on the Links Between Early Environmental Exposures and Chronic Diseases – October, 2009. (OCDPA, in collaboration with the Canadian Partnership for Children’s Health and Environment)
- Building Capacity for Nutrition Screening in Ontario FHTs: SCREEN® and NutriSTEP® Experiences – October, 2009. (NutriSTEP®, NRC)
- Building Blocks for Community Planning – March, 2010. (HHRC)
- 7th Annual Alcohol: No Ordinary Commodity Forum – Alcohol Policy: Time to Act! Current Research, Policy, and Practical Applications to Address Alcohol-related Harm – March, 2010. (APN)
- A Policy Framework to Alcohol Problems – five workshops across Ontario. (APN)
- Tools to Strengthen Evidence-Informed Decision Making – PHAC/CPHA 2010 preconference workshop. (TEIP)

Webinars

- Provincial Webinar: Implementing NutriSTEP® – June, 2009. (NutriSTEP®, NRC)
- Nutrition Considerations for Implementing the Ministry of Education’s School Food and Beverage Policy (P/PM150) – March, 2010. (NRC)
- Getting Lost in the Evidence? Building Organizational Capacity for Evidence-Informed Practice. (TEIP)
 - Part 1: Developing an Evidence Question and Search Strategy – November, 2009.
 - Part 2: Collecting, Synthesizing and Applying Evidence in Practice – January, 2010.
- Northern Ontario Dietetic Internship Program: Improving Practice via ‘Real-World’ Program Evaluation – December, 2009. (TEIP)
- Five knowledge exchange webinars on alcohol policy topics including the effects of alcohol advertising and the links between alcohol and violence. (APN)



From Left to Right: Jill Thibodeau, RD, MSc, CDE; Julie Lau, RD, MHA; Mary Ellen Prange, RD; Carolyn Chu, RD
NRC won the National *Speaking of Food and Healthy Eating* Award for *Fuel Up For Fun* from Dietitians of Canada and Kraft Canada.



From Left to Right:
Pam Kinzie, Andrea Bodkin and
Rebecca Byers



Back Row, from Left to Right:
Ben Rempel, Dorothy Birtalan,
Jason LaMar
Front Row, from Left to Right:
Jennifer Lodge, Tina Wadham

Training/Consultations

- Twenty on-site consultations and 73 one-on-one coaching sessions were delivered to Healthy Communities Partnerships and coordinators. The focus of these sessions was on transitioning from the Ontario Heart Health Program to the Healthy Communities Framework. (HHRC)
- Four training sessions for Eat Right Ontario Dietitians on Colour It Up, Eat Smart!® and Community Food Advisor programs. (NRC)
- Twelve Towards Evidence Informed Practice Master Trainer (MT) Workshops to teach public health leaders and champions to build capacity for evidence-informed practice within their organizations. (TEIP)
- Over 380 Community Food Advisors were trained. Interested and enthusiastic volunteers reached 47,000 people across Ontario who attended 1,100 health promotion activities (presentations, food demonstration, and/or healthy eating displays). In addition, CFA groups completed 45 technical/education updates and training in four sites resulting in 100 new CFAs certified in Ontario. (Community Food Advisor, NRC)
- Twenty-six in-depth consultations on alcohol policy related issues. Half of these were provided to staff of public health units. (APN)

Listservs

- Heart-Links (276 members) and Coordinator-Links (37 members) provides two-way information sharing and networking opportunities. (HHRC)
- NRC provides a media monitoring function through [Contact-nrc] (2,000 subscribers) and releases *In the News* each business day
- There are 547 subscribers as of March 2010 to the APOLNET listserv (APN).

Reports

- *Obesity: An Overview of Current Landscape and Prevention-related Activities in Ontario.* (OCDPA)
- *Evidence-informed Common Messages on: High-risk Alcohol Consumption; Physical Inactivity; Poor Mental Health; Tobacco Use Exposure; and Unhealthy Eating.* (OCDPA)
- *Alcohol and Community-based Violence: A Systematic Review.* (APN)
- *Targeted Implementation of NutriSTEP® in Ontario: Lessons in Community Research.* OHPE Bulletin. (NRC)
- *Evaluation of Fruit Juice Intake and Body Mass Index Within a Sample of Ontario Preschoolers.* Lee A. Rysdale, Pamela L. Brunelle, Janis Randall Simpson, Christopher A. Knee and Heather H. Keller. *ICAN: Infant, Child, & Adolescent Nutrition 2009.* (NRC)

Resources

- *Partnership Development @ a glance* (English and French) and *Engaging Francophone Communities @ a glance* (English and French). (HHRC)
- @ Heart newsletter *Policy Development in Real World Settings.* (HHRC)
- Two new online learning modules to support evidence-informed practice: TEIP Evaluation Learning Module and TEIP Evidence Learning Module (TEIP)
- *Preschool Nutrition Primers for RDs* comprised of 5 modules: (Pediatric Growth Assessment – Part 1 & Part 2, Pediatric Nutritional Assessment, Nutrient Deficiencies, Food Allergies and Intolerances), in English and French. (NutriSTEP®, NRC)
- The NutriSTEP® screening tool (a 17-step questionnaire) is now available in Simplified Chinese, Traditional Chinese, Vietnamese, Punjabi, Spanish and Tamil. The parent handout *How to Build a Healthy Preschooler* is now available in Simplified Chinese, Traditional Chinese, Punjabi, and Tamil. (NRC)

- *Eat Right Be Active: A guide for parents and caregivers of toddlers 12-36 months.* (NRC)
- A revised version of the *Healthy Eating Manual* was developed for leaders to incorporate healthy eating information into current programs. The learning activities developed for this manual are intended to appeal to anyone looking for fresh approaches to teaching nutrition and healthy eating. (NRC)
- *Advancing Environmental Health in Child Care Settings: A Checklist for Child Care Practitioners and Public Health Inspectors*, the Canadian Partnership for Children's Health and the Environment's (CPCHE) newest publication was designed to assist child care practitioners and public health inspectors in identifying practical steps to reduce potentially harmful exposures to toxic chemicals and pollutants in child care settings.
- *Competency Based Performance Management Toolkit for Public Health* was developed.
- Core Competencies for Public Health in Canada Orientation Module at www.corecompetencies.ca.
- Competency Based Employee Performance Management E-learning Module at www.corecompetencies.ca/performance_elearning.



Provincial Programs Coordinated by the NRC

Eat Smart!® Recreation Program, an expansion of the Eat Smart!® program into recreation centres was launched in early 2010. Standards for the Recreation Centre Program were finalized and support materials developed. As a key support to health units implementing the Recreation Centre Program, a searchable database for individually packaged food or beverage products was created. Named the *Eat Smart!® Choices Calculator*, it calculates whether or not a product meets the Nutrition Standard for Vending Machines.

Colour It Up 50+ was created to help women aged 50 and older increase vegetable and fruit consumption. With support from Cancer Care Ontario (CCO), new condensed evaluation tools are being developed.

NutriSTEP® is a scientifically valid and reliable bilingual (English and French) nutrition risk screening questionnaire that takes parents about five minutes to complete. NutriSTEP® is a recommended tool in the Child Health Ontario Public Health Standards (2008), Requirement 11. NutriSTEP® can also be used for local and provincial surveillance to plan programs.

The Community Food Advisor (CFA) Program trains interested and enthusiastic volunteers who will work in their communities to increase knowledge and skills related to food selection, preparation and storage, and promote healthy and safe eating. The CFA Program can assist Boards of Health to meet Requirements 7, 8, and 11 of the Chronic Disease Prevention Standard of the Ontario Public Health Standards (2008).



From Left to Right:
Kathleen Orth, Sarah Evason,
Heather Harvey, Cindy Scythes,
Mary Ellen Prange

Active Partnerships

Our programs and projects partner with many organizations to carry out their objectives. For example, the **Alcohol Policy Network** advances municipal alcohol policies through memberships on two key provincial committees: the Substance Misuse Prevention Network and the Provincial Safer Bars Committee. The **Nutrition Resource Centre** includes Community Health Centres and family health team members in its advisory committee and is a member of the Breakfast for Learning Education Committee.



The following partner organizations have worked closely with more than one of OPHA's Programs, Workgroups and Strategic Partnerships.

- Heart and Stroke Foundation of Ontario
- Canadian Cancer Society, Ontario Division
- Centre for Addiction and Mental Health
- Dietitians of Canada
- Cancer Care Ontario
- Canadian Diabetes Association
- Ophea
- Canadian Mental Health Association – Ontario
- Ontario Healthy Communities Coalition
- Health Nexus
- Osteoporosis Canada
- Alzheimer Society of Ontario
- Ontario Lung Association
- Association of Local Public Health Agencies
- TVOKids

The Nutrition Resource Centre continued to manage the sponsorship (under the EatRight Ontario brand) of the TVOKids *Don't Sit Still Tour* on behalf of the MHP Communications Branch in 2010.

The NRC's consultation activities develop and foster links between the NRC and key partners with program specific and provincial nutrition programming activities to provide advice related to emerging trends and issues in community nutrition, and to support provincial strategies. In addition to program specific consultations with our clients who implement our provincial programs, NRC provided consultation to the Best Start Resource Centre on the following resources: *Feeding Your Baby*, a new resource to address childhood obesity in Aboriginal children, eight cultural adaptations to *Healthy Eating for a Healthy Baby*, and *Giving Birth in a New Land*. For Ophea, NRC reviewed curriculum supports for the new Ontario Health and Physical Education Curriculum grades 1-7. NRC is providing consultative support to Healthy Communities grant recipients: Canadian Mental Health Association, Boys and Girls Clubs, Parks and Recreation Ontario, and PTCC (Program Training and Consultation Centre) for their media monitoring project.

2009 OPHA Conference and 60th Anniversary Celebration

What a great conference we had! In the midst of one of the largest vaccination programs in history, a total of 385 delegates were in attendance over three days to hear presentations from key figures in public health. Dr. Roz Laskar spoke about community collaboration — listening to the community; Dr. Ellen Lippman discussed the importance of mentoring children; the panel with Dr. Ernie Lightman, Dr. Gary Block, and Bev Wilson, provided new insights into the influence of poverty on health; and Dr. Linda Duxbury enlightened us about workforce challenges now and in the future. This year there were over 150 abstract submissions: a total of 78 presentations or poster sessions were accepted and presented in concurrent sessions. In addition, 25 submissions were accepted and successfully presented in the innovative "Roundtables" discussion held on Monday afternoon.

A Student Essay Contest was launched this year. Written essay contest winners were **Megan Mesovic** and **Michele Cleghorn** from the University of Toronto, Dalla Lana School of Public Health. **Carly Heung**, University of Waterloo, and **Kenny Wong**, University of Toronto, were winners for their video essay (see our website for the YouTube link).

OPHA's Constituent Societies made a significant contribution to the 2009 OPHA Conference. To celebrate OPHA's 60th anniversary, the decision was made to focus the



Michelle Cleghorn, Student Essay Contest Winner and Noel Saraza from GlaxoSmithKline



Carly Heung and Kenny Wong, Video Essay Winners with Noel Saraza from GalaxoSmithKline

conference on the public health workforce. The Constituent Societies served as the Program Committee and joined in the celebration at the OPHA Awards Luncheon. The PHRED program provided assistance in identifying the keynote speakers, reviewing abstracts, and developing moderator guidelines. Several Constituent Societies planned concurrent sessions at the conference. CHING/RNAO presented the newly released *Competencies for Public Health Nurses*. CIPHI and ASPHIO jointly organized two education sessions: a panel discussion on *Managing Cross Jurisdictional Outbreaks* and *The Toronto Bed Bug Project*. OAPHD led a fluoridation panel. The PHRED program sponsored a session on Copyright entitled *Public Health Professionals as Users and Creators of Information: Understanding Canadian Copyright is Key!*

Our sponsors, the Ministry of Health and Long-Term Care, the Ontario Agency for Health Protection and Promotion, and the Ministry of Health Promotion provided us not only with financial support but also participated in the conference planning committees, opened and closed the conference, gave keynote presentations, provided congratulatory remarks at the President's Reception, and participated in several concurrent sessions. Minister Margaret Best, Minister Deb Mathews, Deputy Minister Angela Longo, Dr. Arlene King, Dr. David Williams, Dr. Vivek Goel, Monika Turner, and Sonya Corkum all took the podium throughout the three days of the conference.

Other sponsors included the Ontario Neurotrauma Foundation, GlaxoSmithKline, the Heart and Stroke Foundation of Ontario, Merck Frosst, the Canadian Institute for Health Information, and SmartServe. GlaxoSmithKline also provided delegates with breakfast and lunchtime updates on pneumococcol infection and the H1N1 vaccine. In all there were 29 exhibitors.

ANDSOOHA, APHEO, and OPHLA scheduled their annual meetings in conjunction with the Conference. (APHEO was unable to hold theirs due to H1N1).

In March, OPHA provided the Constituent Society Chairs and Representatives to the OPHA Board with an opportunity to meet face-to-face. During this meeting the Constituent Societies engaged in a discussion with the OAHPP about their support to professional associations.



Megan Misovic, Student Essay Contest Winner



Past Presidents and 60th Anniversary Cake

From Left to Right:

- Connie Uetrecht, Executive Director & Past President – 2001-2003
- Richard Edwards, Past-President – 1994-1995
- James Leake (behind Richard Edwards) Past-President – 1983-1984
- Peg Folsom, Past President – 1987-1988
- Ronald Labonte, Past-President – 1989-1990
- Brian Hyndman, Past-President – 1997-1999
- Carol Timmings, Out-going President – 2007-2009
- Garry Aslanyan, Past-President – 2004-2008
- Jane Underwood, Past-President – 1993-1994
- Ruth O'Donnell, Past-President – 1991-1992



Strategic Partnerships and External Relations

OPHA's Board of Directors meetings not only address OPHA business but also provide a venue for the Ministry of Health Promotion (MHP), Public Health and Community Programs, and the Ministry of Health and Long-Term Care (MOHLTC) Public Health Division, to connect with OPHA and the professionals who work in public health. Ms. Cynthia Morton, Deputy Minister of Health Promotion, presented her plans for the MHP and introduced the Ministry's Healthy Communities framework to the Board of Directors in June 2009. A subsequent leadership change at MHP prompted the Board of Directors to invite the new Deputy Minister of Health Promotion, Ms. Angela Longo, to our October meeting to provide us with an update on the MHP's direction. Dr. Arlene King, Chief Medical Officer of Health, also met with the OPHA Board in October and provided an overview of her work related to the H1N1 pandemic since her move to Ontario in June. Monika Turner, Director of Public Health Practice, provided the Board with an update on the Performance Management Framework and development of health unit accountability agreements. She also highlighted elements of the Initial Report on Public Health for which the Board congratulated her Branch. In February 2010, Allison Stuart, Assistant Deputy Minister, Public Health Division, MOHLTC, joined our Board meeting to discuss initiatives within her Division and throughout government including the impact for public health of the financial challenges, focus on poverty reduction, and the delay in Panorama development and implementation related to the impact of the recent e-health procurement review. Meetings with our Ministry colleagues provided valuable opportunities for direct dialogue between front line practitioners and provincial decision makers.

This year OPHA continued to thrive as it sustained and built partnerships with other associations, agencies and government staff. A major OPHA initiative was to work with Parks and Recreation Ontario, Ophea, Boys and Girls Clubs, YMCA, and the Youth Employment Centre to make recommendations to the Ministry of Health Promotion regarding the development and roll-out of the After School Initiative. This initiative was part of the MHP efforts to address childhood obesity problems in the province and was linked with the Poverty Reduction Strategy.

OPHA, its Environmental Health Workgroup, as well as our Constituent Societies including, RNAO, are members of the Occupational and Environmental Carcinogen Stakeholder Group hosted by the Canadian Cancer Society. The Stakeholder Group launched the *Take Charge on Toxics* campaign to influence and inform the Ministry of Environment with respect to its Toxics Reduction Act and subsequent regulations.

OPHA, through our Past-President, Carol Timmings, served on the Provincial Tobacco Strategic Advisory Group. Connie Uetrecht represented OPHA at the Healthy School Working Table.

OPHA maintained partnerships with several other initiatives this year. These include:

- Spark for Healthy Active Kids – Heart and Stroke Foundation
 - Andrea Bodkin
- Ontario Council on Community Health Accreditation
 - Tina Pilon
- LHIN Collaborative
 - Tracy Allen Koester
- Canadian Partnership for Children's Health and the Environment
 - Franca Ursitti
- Parks and Recreation Ontario's Access to Recreation Task Group
 - Larry Stinson

In an effort to influence public health practice related to the social determinants of health, the **Joint OPHA/aIPHa Social Determinants of Health Workgroup**, (chaired by Sandra Laclé), implemented a variety of joint actions. Through a newsletter on social determinants, information was shared with public health units outlining actions they could take to address the social determinants of health, such as making recommendations to the Social Assistance Rate Review Committee.

The **Ontario Chronic Disease Prevention Alliance** is a collaborative of 11 partners and over 30 organizations that formed to focus on chronic disease prevention and healthy living in a comprehensive manner. In 2009-2010, the OCDPA hosted four partner and three full member meetings to plan activities, exchange information and develop collaborative projects. This year OCDPA:

- Developed backgrounders, with support from field experts and stakeholders, on evidence-informed messages to support collective action on common chronic disease prevention;
- Engaged 10 project partners to develop the *Toolkit to Healthier Communities – Influencing Healthy Public Policies*, through funding from the Ministry of Health Promotion;
- Surveyed (via the Mental Health Workshop) the membership and produced a summary of suggestions for organizations to promote positive mental health;
- Worked with the Canadian Partnership for Children’s Health and the Environment on the Ontario Trillium Foundation project.

The **Canadian Partnership for Children’s Health and the Environment**, a collaborative of ten organizations (of which OPHA is a member) oversaw two project grants through the Ontario Trillium Foundation. One project, *Building Local Children’s Environmental Health Champions*, was completed this year with the launch of a new resource *Advancing Environmental Health in Child Care Settings: A Checklist for Child Care Practitioners and Public Health Inspectors*, developed in partnership with the Canadian Institute of Public Health Inspectors – Ontario Branch (CIPHI-O) and the Association of Supervisors of Public Health Inspectors of Ontario (ASPHIO). The utilization of these resources will promote safer environments and healthier kids.

The second project is a joint venture with the **Ontario Chronic Disease Prevention Alliance**. The project involves the development of a paper exploring the evidence linking early environmental exposures and chronic diseases and the identification of policy actions that both partnerships can take to reduce the exposures that create the greatest risk of contributing to chronic disease.

The two partnerships held a successful Forum in Toronto in October 2009 entitled *Exploring the Evidence and Finding Solutions: A Forum on the Links Between Early Environmental Exposures and Chronic Diseases*. The project has been extended through the end of 2010.

The **Ontario Healthy Schools Coalition (OHSC)** is a diverse network of organizations and individuals that is co-chaired by Carol MacDougall and Fran Perkins. The OHSC celebrated its 10th anniversary of knowledge exchange and capacity building efforts to advance the health and learning of Ontario’s children and youth through healthy schools. Listserv membership has expanded to 340 with 99 organizations represented. With support from OPHA and the Ministry of Health Promotion, the OHSC hosted four teleconferences with an average of 52 participants from across the province. In addition, 94 individuals attended the 8th Annual OHSC Forum hosted by Ottawa Public Health on the *Determinants of Health and New Directions for Health and Education in Ontario*. Keynote speakers highlighted the significant contribution that public health, education, parents, students and other community partners working together can make towards addressing several determinants of health. This year, the OHSC made great strides in advancing their 2007 Strategic Plan.

**THE ONTARIO
TRILLIUM
FOUNDATION**



**LA FONDATION
TRILLIUM
DE L'ONTARIO**

Dr. Garry Aslanyan;
Award of Excellence Winner,
Moira Walsh; Dr. Hazel Stuart



Paulina Salamo, Honorary Member

Developing and Improving OPHA as an Organization

One of the key pillars of OPHA's strategic direction is to continue to develop and diversify the membership base at OPHA. The Membership and Advocacy Committees of the Board contribute to this strategic direction.

The Membership Committee, chaired by Board Secretary, Marty Mako, implemented an outreach strategy to health units to promote the benefits of OPHA membership. The Membership Committee also focused on student engagement as a key membership strategy. An OPHA membership video was created and launched on YouTube as a membership recruitment tool (visit our website for a direct link). Membership has increased this year from 627 in March 2009 to 737 in March 2010.

A highlight each year is the presentation of the OPHA Awards. This year our Award recipients were:

Lifetime Membership Award – Ralph Stanley

Honourary Membership Award – Paulina Salamo

Award of Excellence – Moira Walsh

Dr. Sheela Basrur Scholarship – Ryan Alexandra

The Audit Committee, Chaired by Board Treasurer, Monica Mitchell, maintained oversight of OPHA's financial health. The Audit Committee ensured that OPHA finances were handled with integrity, and participated in the external audit of the financial records (reported on the following pages). Despite having some financial challenges through the third quarter of the fiscal year, actions were taken to reduce expenses and the year ended financially stable for OPHA.



Liz Haugh, President,
Marty Mako, Secretary,
Ralph Stanley, Life Member

AUDITORS' REPORT ON SUMMARIZED FINANCIAL STATEMENTS

To the Members of Ontario Public Health Association

The accompanying summarized statement of financial position, statements of revenues and expenses, changes in net assets and cash flows are derived from the complete financial statements of the Ontario Public Health Association as at March 31, 2010 and for the year then ended on which we expressed an opinion without reservation in our report dated May 14, 2010. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guideline of The Canadian Institute of Chartered Accountants, is to report on the summarized financial statements.

In our opinion, the accompanying financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guideline referred to above.

These summarized financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on the entity's financial position, results of operations and cash flows, reference should be made to the related complete financial statements.

BDO Canada LLP

Chartered Accountants, Licensed Public Accountants

Mississauga, Ontario
May 14, 2010

Ontario Public Health Association
SUMMARIZED STATEMENT OF FINANCIAL POSITION

March 31	2010	2009
Assets		
Current		
Cash	\$ 136,890	\$ 151,967
Temporary investments	500,000	500,000
Accounts receivable	314,590	271,066
Prepaid expenses and deposits	22,991	14,938
	<u>974,471</u>	<u>937,971</u>
Capital assets	30,846	38,268
	<u>1,005,317</u>	<u>976,239</u>
Liabilities		
Current		
Accounts payable and accrued liabilities	156,474	256,140
Deferred membership revenue	11,526	13,716
Deferred revenue	321,508	300,946
Capital assets contribution	21,733	27,167
	<u>511,241</u>	<u>597,969</u>
Net Assets	\$ 494,076	\$ 378,270
Net Assets consists of the following fund balances:		
Operating Fund	\$ 429,963	\$ 312,169
Invested in Capital Assets	9,113	11,101
Designated Capital Asset Fund	50,000	50,000
Student Award Fund	5,000	5,000
	<u>\$ 494,076</u>	<u>\$ 378,270</u>

On behalf of the Board:



Director



Director

Ontario Public Health Association

SUMMARIZED STATEMENT OF REVENUES AND EXPENSES

For the year ended March 31	2010	2009
Revenues		
Core	\$ 283,913	\$ 238,318
Projects	3,293,014	4,253,405
	3,576,927	4,491,723
Expenses		
Core	167,979	236,608
Projects	3,293,142	4,253,431
	3,461,121	4,490,039
Surplus	\$ 115,806	\$ 1,684

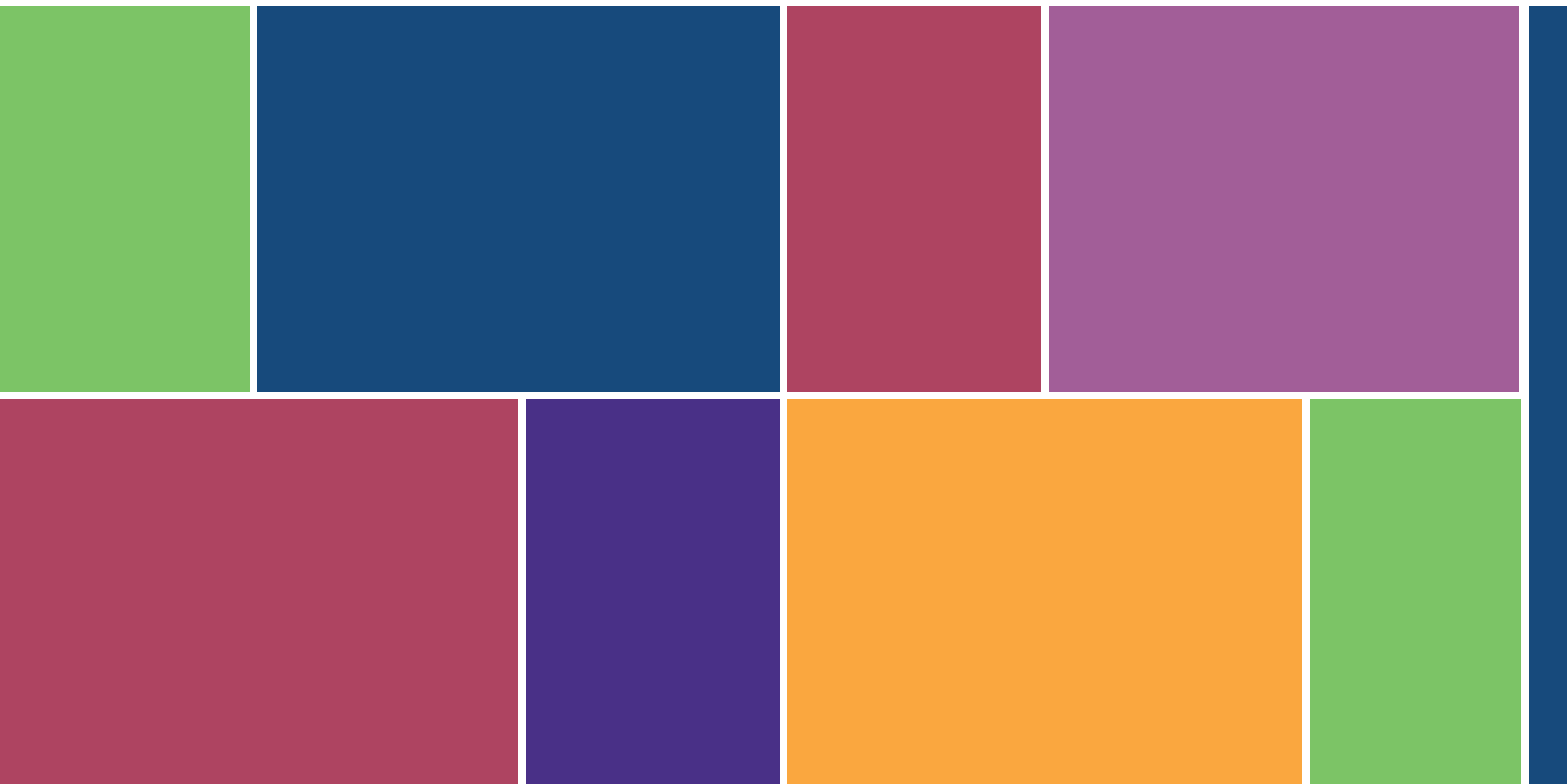
Ontario Public Health Association

SUMMARIZED STATEMENT OF CHANGES IN NET ASSETS

For the year ended March 31					2010	2009
	Invested in Capital Assets	Designated Capital Asset Fund	Student Award Fund	Operating Fund	Total	Total
Net assets , beginning of year	\$ 11,101	\$ 50,000	\$ 5,000	\$ 312,169	\$ 378,270	\$ 376,586
Surplus for the year	(17,498)	-	(1,000)	134,304	115,806	1,684
Purchase of capital assets	15,510	-	-	(15,510)	-	-
Interfund transfer	-	-	1,000	(1,000)	-	-
Net assets , end of year	\$ 9,113	\$ 50,000	\$ 5,000	\$ 429,963	\$ 494,076	\$ 378,270

Ontario Public Health Association
SUMMARIZED STATEMENT OF CASH FLOWS

For the year ended March 31	2010	2009
Cash provided by (used in)		
Operating activities		
Surplus	\$ 115,806	\$ 1,684
Adjustments required to reconcile surplus with net cash provided by operating activities		
Amortization	22,932	39,493
Amortization of capital assets contribution	(5,434)	(6,792)
Changes in non-cash working capital balances		
Accounts receivable	(43,524)	(195,437)
Prepaid expenses and deposits	(8,053)	(7,646)
Accounts payable and accrued liabilities	(99,666)	7,924
Deferred membership revenue	(2,190)	2,183
Deferred revenue	20,562	136,950
	433	(21,641)
Investing activities		
Purchase of capital assets	(15,510)	(3,536)
Decrease in cash and cash equivalents during the year	(15,077)	(25,177)
Cash and cash equivalents, beginning of year	651,967	677,144
Cash and cash equivalents, end of year	\$ 636,890	\$ 651,967
Cash and cash equivalents consists of the following:		
Cash	\$ 136,890	\$ 151,967
Temporary investments	500,000	500,000
	\$ 636,890	\$ 651,967



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