

OPHA
&
NRC
presents



2014 Annual Conference

P

Health
In All

POLICIES

Advancing an Intersectoral Approach
To Promoting Healthy Eating in Ontario



Meet the Presenters



March 6th
2014

In partnership with



Dr. Ketan Shankardass, PhD

Assistant Professor, Wilfrid Laurier University
Scientist, Centre for Research on Inner City Health, St. Michael's Hospital

Dr. Ketan Shankardass is an Assistant Professor in Psychology and Health Sciences at Wilfrid Laurier University (Waterloo) and a Scientist at the Centre for Research on Inner City Health at St. Michael's Hospital (Toronto). Building on training in epidemiology, public health and geography, Dr. Shankardass uses research to support interventions that reduce inequities in health. His current areas of inquiry include: intersectoral approaches to health equity by governments (e.g., Health in All Policies initiatives and the use of Health Impact Assessment tools); the interactive role of chronic stress and neighbourhood environments as drivers of chronic disease inequalities; and political will for health equity.



Dr. Patrick Fafard, MA PhD

Associate Professor, Graduate School of Public and International Affairs, University of Ottawa

Patrick Fafard has an extensive career in both academe and government. His public service career includes the Government of Canada where he served as Director General in the Intergovernmental Affairs Secretariat of the Privy Council Office and three provincial governments including serving as Executive Director of the Saskatchewan Commission on Medicare (2000-2001). Patrick is the author, co-author and editor of several publications dealing with federalism, health and environmental policy. He is the author of Evidence and Healthy Public Policy: Insights from Health and Political Sciences a report prepared for the National Collaborating Centre on Healthy Public Policy. His work has appeared also in Regional and Federal Studies, International Journal, Canadian Public Administration, and the Journal of Urban Health. His current research includes work on evidence and public policy and the role of "science" and "social justice" in public health policy.



Dr. Alain Poirier, MD

Associate Expert, Institut National de Sante Publique du Quebec

Dr. Alain Poirier is a specialist in community health and internal medicine; he has worked in public health for more than twenty five years in Quebec, while concurrently realising missions in international health and developing health promotion in written and electronic media. From 2003 to 2012, he was Assistant Deputy Minister and National Director of Public Health at the Ministry of Health and Social Services in Quebec (MSSS). During that period, he piloted a Governmental action plan for the prevention of obesity involving 8 ministries, and chaired a 48\$M/year public-philanthropic partnership, Québec en Forme, that implements and finances prevention projects on healthy lifestyles at the local, regional and provincial levels. Previously, Dr Poirier worked at the regional level and joined the initial team that created Quebec's National Institute for Public Health (INSPQ). He is currently back at the Institute as an associate expert, involved in international work, healthy public policies and communication. He is also Associate Professor for the Department of Social and Preventive Medicine with the University of Montreal.



Sherry Nigro, RN BSN

Manager of Health Promotion and Disease Prevention Branch, Ottawa Public Health

Sherry is the Manager accountable for the Health Promotion and Disease Prevention Branch at Ottawa Public Health which delivers on the Prevention of Chronic Disease and Injury and Substance Misuse and Family Health Standards. The programs and services are focused on promoting healthy behaviours including healthy eating, physical activity, reduced alcohol use and tobacco control; supporting people across the lifespan, reducing the burden of injury, and reducing health inequities. She leads a multi-disciplinary team of public health professionals who utilize interventions that support individuals in achieving optimal health and development, create supportive social and physical environments and build community capacity.

In 2012, Ottawa Public Health launched a Healthy Eating Active Living (HEAL) strategy with focused attention on community wide planning, policy development and programming. Sherry will speak to the health unit's recent experience in developing and implementing healthy eating and physical activity content in policies with municipal and community partners.



Lynn Roblin, MSc RD

Chair, Ontario Collaborative Group on Healthy Eating and Physical Activity
Co-Chair, Ontario Food and Nutrition Strategy

Lynn represents Dietitians of Canada on the Ontario Collaborative Group on Healthy Eating and Physical Activity (OCGHEPA). Lynn chairs the OCGHEPA and co-chairs the Ontario Food and Nutrition Strategy Design Team. Lynn's background is in public health and she has been working freelance as a nutrition consultant for the past 24 years with government and non-government organizations.



George Borovillos

Director, Business Development Branch, Ontario Ministry of Agriculture and Food, and Rural Affairs
Co-Chair, Ontario Food and Nutrition Strategy

George Borovillos is currently the Director of the Business Development Branch with the Ontario Ministry of Agriculture and Food and the Ministry of Rural Affairs. George is responsible for trade and investment opportunities within Ontario's food and beverage manufacturing sector, as well as the promotion and marketing of local foods through Foodland Ontario. Prior to this position, George has held a number of positions at the municipal, regional, provincial and federal government levels related to planning, economic development, downtown revitalization and tourism.



Kori Kostka, RD

Registered Dietitian, West Durham Family Health Team

Kori Kostka has experience in lifestyle management, motivational interviewing and medical nutrition therapy. Kori has a passion for coaching patients to make healthy lifestyle changes in a non-weight biased environment. Through continuing education opportunities such as receiving her certificate from the Academy of Nutrition and Dietetics for Adult Weight Management, Craving Change facilitator training, DC-DOC Obesity Retreat participant, CAMH Motivational Interviewing course, facilitator training for Choices and Changes: Clinician Influence and Patient Action and Am I Hungry® previous Licensed Facilitator have influenced Kori to access and develop effective self-management programs using the Health At Every Size® paradigm. As a consultant through her business KorNutrition, Kori enjoys maximizing the accessibility of evidence-based nutrition through the use of social media. Kori is also the previous vice-chair for the Dietitians of Canada-Ontario Family Health Team Registered Dietitian network, the secretary for the Association for Size Diversity and Health, part of the NRC 2014 conference Steering Committee, and is currently part of the Central East Local Health Integration Network's Health Professionals Advisory Committee.



Marg Connor

Director, Student Well-being and Learning Branch, Ministry of Education

Marg Connor joined the Ontario Provincial Standards in 1989 and has contributed to social policy work in the Ministries of Skills Development, Training Colleges and Universities, Community and Social Services and Education. Marg is the director of the Safe Schools and Student Well-Being Branch which is the focal point for policies and programs on healthy schools, safe and accepting schools and student well-being.



Katie Haneke, BAsC, MAN, RD

Registered Dietitian, Grand River Community Health Centre

Katie Haneke is a Registered Dietitian at the Grand River Community Health Centre. She completed both a Bachelor of Applied Science in Applied Human Nutrition and the Master of Applied Nutrition program at the University of Guelph. She has experience working in long term care, but her true passion lies in community nutrition. Katie has been working at GRCHC for almost three years now and enjoys the broad range of opportunities she is able to pursue in her role as a CHC Dietitian. She is a member of Dietitians of Canada and is also an active member of several committees/networks, including the Nutrition Resource Centre Advisory Committee, the Primary Health Care Action Group and the South-Western Ontario CHCs Registered Dietitian Network.



Cathy O'Connor

Project Coordinator, Fresh from the Farm Healthy Fundraising for Ontario Schools

Cathy O'Connor is the Project Co-ordinator for the pilot project, *Fresh from the Farm*: Healthy Fundraising for Ontario Schools. Cathy manages the administration, communication and program execution, working collaboratively with the key partners from the Ontario Ministry of Agriculture and Food, Ministry of Education, Ontario Fruit and Vegetable Growers' Association and Dietitians of Canada. Cathy's experience with the Ontario education sector is broad, having worked many years in school food service: operations, sales and marketing. She provided expertise and implementation support for the School Food and Beverage Policy nutrition standards while employed with EatRight Ontario for two years. Cathy currently teaches food service curriculum at Ryerson University and works as a menu development consultant.



Kate Mulligan PhD

Research Consultant, Healthy Public Policy, Toronto Public Health

Kate Mulligan is a Research Consultant for Healthy Public Policy with Toronto Public Health. Kate has a PhD in health geography from McMaster University and experience in research and advocacy for healthy public policies at municipal, provincial and international levels. Kate's recent work has focused on issues of transportation policy, built environment, urban agriculture and food. This work brings together health evidence, community engagement, advocacy and policy research to support a healthier and more sustainable urban environment.



Josephine Archibold MSc

Policy and Research Consultant, Healthy Public Policy, Toronto Public Health

Josephine works at Toronto Public Health as a policy and research consultant. Josephine has over 10 years of experience in both the public and private sectors assessing the health and environmental impacts of policies, programs and projects. She has a particular interest in making complex interdisciplinary information accessible to help empower communities to participate in the decision-making process. Josephine has a master degree in Toxicology and Environmental Health from the University of Toronto and an undergraduate degree in Environmental Science from the University of Guelph. Josephine is a life-long volunteer and a budding gardener.



Trace Mackay DVM MPH

Research Consultant, Community Food Centres of Canada

Trace Mackay joined the Community Food Centres of Canada as a weekly volunteer in 2012, and started in her current post in July 2013. She works as a research, evaluation and development consultant and is a locum veterinarian. Trace completed a Masters of Public Health at the University of Guelph focusing on international development and ecosystems approaches to health.



Jessica Wegener PhD RD

Assistant Professor, School of Nutrition, Ryerson University

Jessica Wegener is a registered dietitian and Assistant Professor in the School of Nutrition at Ryerson. Dr. Wegener obtained her PhD from the School of Public Health and Health Systems at the University of Waterloo where her research examined multi-sectoral perspectives on the initiation, development and adoption of a series of innovative land use planning policies to facilitate access to healthy, local food in Waterloo Region (Ontario, Canada). Through a New Researcher Grant from the Canadian Foundation for Dietetic Research (CFDR), Dr. Wegener's research highlights 'what works' with respect to regional food system policy making and points to the potential for coordinated and collaborative action between regional and municipal governments and their partners as a strategy to promote healthier, more food secure communities. As a registered dietitian and public health researcher, Dr. Wegener is interested in how governments and communities organize to address food-related issues and plans to continue to explore the role of policy and environmental changes in creating more supportive food and nutrition environments.



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