



#PublicHealthHeroes

RECOGNIZING PUBLIC HEALTH HEROES WORKING TIRELESSLY
BEHIND THE SCENES TO KEEP COMMUNITIES HEALTHY AND SAFE

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HOW I'M HELPING TO KEEP COMMUNITIES SAFE RIGHT NOW

In my leadership role during COVID-19 I liaised with nurses and management. I assisted with problem solving, information management and created communication resources to support nurses to stay current in a rapidly changing environment.

MY MESSAGE TO THE PUBLIC DURING THESE CHALLENGING TIMES

“When challenges present it is important to take it one day at a time and continue to build on a healthy future.”

MY ROLE IN PUBLIC HEALTH

What I'm championing every day to keep communities healthy:

My role in Public Health is nursing telepractice. I provide clients with access to reliable public health information, advice, and resources to help them make an informed decision, build personal skills and capacity and for them to take action towards improving and protecting their health.

What I would like to see for the future of public health:

I believe that Public Health needs to always strive to be better in supporting the public both during normal and difficult times. A Public Health presence in our community is extremely important.

OPIHA

Ontario Public Health Association
l'Association pour la santé publique de l'Ontario