



#PublicHealthHeroes

RECOGNIZING PUBLIC HEALTH HEROES WORKING TIRELESSLY
BEHIND THE SCENES TO KEEP COMMUNITIES HEALTHY AND SAFE

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HOW I'M HELPING TO KEEP COMMUNITIES SAFE RIGHT NOW

I have been providing health teaching to the public on the symptoms of COVID-19, protection, self-isolation, physical distancing, testing and more. I have helped public health staff redeployed to the phone line from other programs within the health unit respond to COVID-19 inquiries.

MY MESSAGE TO THE PUBLIC DURING THESE CHALLENGING TIMES

Social distancing does not mean social disconnection. We can get through this together. Take care of yourself and others.

MY ROLE IN PUBLIC HEALTH

What I'm championing every day to keep communities healthy:

I am a Registered Practical Nurse who works on the Health Connection phone lines. I provide health teaching and information on a variety of public health topics including infectious diseases, immunization, substance use, smoke free living and healthy living.

What I would like to see for the future of public health:

I would like for the public to have a greater awareness and understanding of all that public health does to keep our communities healthy.