

**“Health Promoting Schools”/ “Comprehensive School Health” /
“Healthy Schools” Initiatives in Ontario**

Compiled by the Ontario Healthy Schools Coalition
June 26, 2003

ORGANIZATION and CONTACT	STATUS OF HPS/CSH or INTEREST IN “HEALTHY SCHOOLS”	PARTNERS
<p>Andy Anderson, Ph.D. OISE/UT 252 Bloor Street West, Toronto, Ontario. M5S 1V6 416-978-2992</p>	<p>In the teacher education program here at the University of Toronto, all my classes (n=200 students) discuss the importance of health for learning and learning for health. My book “Better Health~ Better Schools~ Better Futures” is required reading - chapters include: what is health, comprehensive school health, building partnerships, school culture, leadership, creating a health promoting school, use of technology to promote health ... They spend time working with the idea of CSH as a way to develop active learning programs in health education, activate community resources, build strong connections with other care providers and especially parents, and develop school environments that enable students to experience key principles such as equity, empowerment and democracy.</p>	
<p>Ranu Basu Assistant Professor Department of Geography York University N430 Ross Building 4700 Keele Street Toronto, Ontario. M3J 1P3 Phone: (416) 736- 2100 Ext: 22436 Fax: (416) 736- 5988 Email: ranubasu@yorku.ca</p>	<p>Research interest in the quality of life of children as reflected in the sorts of services provided in public elementary schools. As a geographer, the importance of space, place and location plays an important part in my research. Geographic Information Systems (GIS) is the primary methodology used to analyze these themes.</p>	
<p>Breakfast for Learning/ Canadian Living Foundation</p>	<p>Our Mission Statement 'Every Child goes to school well- nourished and ready to learn" The foundation operates Canada -wide Our Programs include:</p>	<p>Province of Ontario Numerous public health units Numerous school boards Other provinces across Canada (except Alberta)</p>

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<p>Contact: Cindy Anthony Associate Director Program and Community Services 1-800-627-7922, Ext. 4429 1-416-733-3453 Fax cindy@breakfastforlearning.ca</p>	<p>1. Nutrition programs:breakfast/lunch/ snack as works for the school community. We fund portion of costs of food/ appliances/ staff and related exepnses</p> <p>2. Community PartnersProgram (CPP)- in conjunction with community agencies we fund the CPP to hire a coordinator whose job it is to:activate/ develop/ enhance/ sustain school nutrition programs. Always with the local community</p> <p>3. Nutrition education and promotion- we have numerous resources at BfL to undertake this work.</p>	<p>Numerous corporate partners including: Canadian Pacific Wal-Mart Mcdonalds</p>
<p>Centre for Addiction and Mental Health</p> <p>Contact: Jane Fjeld Priority Manager, Youth Program Communications, Education and Community Health Centre for Addiction & Mental Health 150 Isabella Street Suite 205, Phase 1 Ottawa, ON K1S 1V7 tel: 613.569.6024 Ext 8208 fax: 613.569.6117 Jane_fjeld@camh.net</p>	<ul style="list-style-type: none"> ➤ Active member of Ontario Healthy Schools Coalition ➤ Recently completed extensive research regarding “School Culture” involving over 20 schools and over 2,200 students in Ontario ➤ Are currently working with members of the coalition to develop next steps of a school intervention/strategy within a healthy school ecological framework ➤ Are providing support and /or information to various school boards/public health departments in their respective initiatives 	<ul style="list-style-type: none"> ➤ 22 schools and their School Boards ➤ Members from Public Health Departments, OISE, U of T Health Promotion Centre, OPHEA among others
<p>Chatham-Kent Public Health Services</p> <p>Contact: Kelly Farrugia Program Supervisor, School Age Health Municipality of Chatham-Kent Public Health Services</p>	<p>We are just beginning to delve into the CSH approach with the local School Boards. The staff of the School Age Health team has been inserviced on the approach as we have just reorganised including a whole program aimed at school health initiatives. We have PHN’s attached to each school here in Chatham-Kent in the hopes that by 2003, CSH/HPS will be the model that the nurses and the school accept as the best model for the health of the children and youth in the municipality.</p>	<p>Currently we have the consultant from the St-Clair District Catholic School Board investigating the board’s adoption of Comprehensive School Health as the model for health promoting schools. No formal policy is in place and we are at the formative stage with the Lambton-Kent District School Board as well as the</p>

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Tel: 519-352-7270 ext. 2499 Fax: 519-352-2166 mailto:kellyf@chatham-kent.ca		Private Schools here in Chatham-Kent
Dr. Michael Cusimano injuryprevention@smh.toronto.on.ca	We are conducting a multi-year evaluation of an injury prevention program in Grades 1, 2 and 3 involving 50,000 students and over 400 schools from 23 school boards across Ontario.	Partners include Safe Community chapters, 18 Public Health Units, School Boards
Dairy Farmers of Ontario	<p>Nutrition Education Programs for Schools Dairy Farmers of Ontario offers nutrition education programs to schools that directly support Health Promoting Schools and Comprehensive School Health.</p> <p>Nutrition P.I. is a cross-curricular program with a simple and effective approach to involving children in the discovery of foods.</p> <p>Project Apex is a cross-curricular program with a problem-solving approach to both healthy eating and physical activity. The program develops realistic goal-setting and decision-making skills.</p> <p>What’s on the Menu? engages students in menu planning and meets all of the specific expectations in the healthy eating strand of the Ontario Curriculum. What’s on the Menu encourages positive body image and reinforces self-esteem.</p> <p>Each program is based on the Ontario Curriculum and supports healthy eating beyond the classroom. Activities that include the family and the school environment are highlighted in these interactive programs.</p> <p>Registered dietitians facilitate workshops for teachers that support healthy eating in the school. At this workshop teachers receive the nutrition education programs and support materials free-of-charge.</p> <p>Free nutrition workshops are also offered to parents so they can learn about, and encourage, healthy</p>	<p>Teachers – help in development of the programs and deliver the programs in schools.</p> <p>Elementary School children (involved in development of programs).</p> <p>Various child & health experts. (e.g. OPHEA and ParticipACTION were involved in the development of the original Project Apex program)</p>

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	<p>eating for their families.</p> <p>www.teachnutrition.org</p> <p>This web site is designed to provide continuing professional development for Ontario teachers and to help them meet the healthy eating curriculum expectations in the Ontario Curriculum. The site also includes a “Kid’s Corner” that provides effective and fun on-line interactive activities on the digestive system and Canada’s Food Guide to Healthy Eating.</p> <p>Elementary School Milk Program (ESMP)</p> <p>The ESMP gives Ontario elementary students the opportunity to purchase fresh, cold milk for lunch at school.</p> <p>ESMP also helps to re-inforce the nutrition information children learn in the classroom by making healthy choices available to them.</p> <p>The Dairy industry helps schools by providing step-by step support to run the program, including materials for students, parents, and teachers.</p> <p>Students pay for the milk and the profits are used to fund school projects such as school trips or library purchases.</p> <p>Today, 70% of Ontario schools participate in this program.</p>	<p>Teachers developed various on-line activities and resources.</p> <p>Volunteers from the school community including staff, parents and senior students run each school’s milk program.</p>
<p>Durham Region Health Department</p> <p>Contacts: Amy Pemberton Durham Region Health Dept. (905)723-5338, ext 2112</p>	<p><u>Teens Tackling Tobacco</u></p> <p>-this initiative promotes the tobacco-free message; it consists of 3 day-long workshops where local students & teachers go through a series of pit stops educating them on various tobacco issues.</p> <p>- after the workshop, students return to their school to do a anti-tobacco initiative of their own</p> <p>-the planning committee will meet in Feb. where planning for next year’s workshops will commence</p>	<p>-Durham Region Health Department</p> <p>-Durham Lives! (Heart Health Coalition)</p> <p>-Durham District School Board (DDSB)</p> <p>-Durham Catholic District School Board (DCDSB)</p> <p>-Peterborough Victoria Northumberland Clarington Catholic District School Board (PVNCCDSB)</p>

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<p>Sue Cockburn-Gillespie Durham Region Health Dept. (905)723-5338, ext. 2522</p>	<p><u>Heart Healthy Kids Drama Production</u> -this program involves high school students preparing a drama production incorporating heart-healthy messages to be presented to younger students (ie. Feeder schools) -a manual for this initiative has been produced</p>	<p>-Durham Region Health Dept. -Durham Lives! -Heart & Stroke Foundation -DDSB</p>
<p>Bonnie Sormin Durham Region Health Dept. (905)723-5338, ext. 2301</p>	<p><u>PROPS</u> (Peers Running Organized Play Stations) -this initiative involves older peers facilitating organised play stations during recess and lunch hour for younger students (combating both inactivity and bullying) - this program is currently being piloted and will be officially launched in March of this year (early feedback has been extremely positive) -an instructional manual has been developed and will be made available to schools interested in the program</p>	<p>- Durham Region Health Dept. -Durham Lives! -DDSB -DCDSB</p>
<p>Chris Steinwall Durham Region Health Dept. (905)723-5338, ext. 2094</p>	<p><u>TV Turn-Off Week</u> -This initiative involves getting schools to encourage students and their families to reduce their time watching TV for one week -planning is underway for this year’s TV Turn off week this spring</p>	<p>-Durham Region Health Dept. -Durham Lives! -DDSB -DCDSB</p>
<p>Ruth Charles Durham Region Health Dept. (905)723-5338, ext 2131</p>	<p><u>Mission Possible</u> - this program is targeted at high school students. Each month a different risk factor/health behaviour is targeted (i.e. smoking, healthy eating) -targeted to launch in Sept.</p>	<p>-Canadian Cancer Society -DDSB -Durham Region Health Department -Durham Lives!</p>
<p>Amy Pemberton Health Dept. (905)723-5338, ext 2112 & Rob Dymont, DDSB (905)666-5500</p>	<p><u>The Comprehensive School Health Pilot Project</u> -this project involves the promotion of CSH opportunities/strategies and a chance to network with other teachers and administrators -reps from each enrolled school attend regular “healthy schools” meetings over a period of 2 school years. -the goal is that they will become equipped with the knowledge and support to implement CSH initiatives in their school. Upon ‘graduating’, the expectation is that they will have developed guidelines to be used in planning for future years (for sustainability) -The group has met twice this school year and plans</p>	<p>-Durham Region Health Dept. -Durham Lives! -DDSB -DCDSB -The Heart & Stroke Foundation</p>

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	<p>to meet in Feb. -The group has developed an assessment tool (broken down into the components of CSH- ie. Instruction, environment,...) that the schools will complete. This assists in identifying gaps in current delivery of CSH.</p> <p><u>OTHER INITIATIVES</u> -Decisions Workshop -Active and Safe Routes to School -Not to Kids campaign -promotion of World No Tobacco Day & National Non-Smoking Week -International Walk to School Day -Be Smart Eat Smart Award -Active Schools Award (OPHEA) -Sun Safety curriculum support -Adolescent growth and development curriculum support</p>	<p>Health Dept.</p>
<p>Elgin-St. Thomas Health Unit</p> <p>Contact: Traci Linn-Wells, PHN (tlinn-wells@elginhealth.on.ca)</p>	<p>-Development of student wellness council (planning stages) in one school</p> <p>-Student/parent/staff health questionnaires completed</p> <p>-Student wellness committee who implement “Health Question of the Month”</p> <p>-Healthy suggestion box available to students</p> <p>-Community education events through the Healthy School Committee</p> <p>-Health walls in school</p> <p>-Peer led physical activity initiatives with students for students in schools</p> <p>-school / families involved with different health campaigns</p> <p>-school staff involved in “Workplace Wellness” initiatives</p> <p>-student leadership opportunities (i.e. train the trainer)</p>	<p>-Community Police officers -Local service clubs -Parents -Social agencies -Health professionals</p>

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<p>Region of Halton, Health & Social & Community Services Departments</p> <p>Contacts: Ellen Pezzetta Child Health Supervisor Children's Services 905-825-6000 ext. 7982 pezzette@region.halton.on.ca</p> <p>Josée Coutu Manager (905) 825-6060 x 7837 coutuj@region.halton.on.ca</p>	<p>Higher level communications working towards Comprehensive School Health (also part of the philosophy of CSH model): The Health Department and the Partners listed have been meeting together since September. We have come together as the primary providers of services to school aged children and their families. We are committed to articulating a vision and a model for providing the programs and services we are all mandated to deliver in a manner that supports students and their families in an environment that is respectful and where they feel valued. Over the next few months we hope to develop a plan for moving forward toward achieving healthier school environments.</p> <p>Our partnership has participation from: both boards of education in Halton; public health, children’s mental health, youth justice; child protection and policing.</p> <p>Front-line grass roots initiatives incorporating Comprehensive School Health strategies: Each school is assigned a public health nurse whose role includes the promotion of comprehensive school health in the school as a community including staff, students and parents.</p> <p><u>Examples of grass roots elementary school initiatives include:</u></p> <p>1) <u>Climate & Culture committees:</u> have been established in some elementary schools; key topics that are identified are Bullying. Many are exploring surveying school community; some have implemented multistrategy & multi-communications approach: -broad speaker launch to whole school school announcements re to themes of respect/caring -newsletters/comments re happenings to parents -literature & movies in classrooms -development of in school process/system recognizing positive/respectful student behaviour</p> <p>2) <u>Family of Schools Initiative:</u> re to Bullying has stemmed out of multidisciplinary Bullying Evening workshop. Host site elementary school established Bullying Committee. Newsletters, Social Media...</p>	<p>The Halton District School Board; The Halton Catholic District School Board; Halton Children’s Aid Society; Halton Children & Youth Services; Transitions for Youth, the Centre for Addiction & Mental Health; Halton Region Police Services</p> <p>School councils (parent & school staff reps) School staff reps include principals, VP’s, teachers, Special Ed Teacher Public Health Nurses (Elementary School Liaison & Secondary School Liaison) Children’s Aid Society workers</p> <p>School Councils (parent & school staff reps) Elementary School Liaison</p>

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	<p>Bullying Committee. Now parents of neighbouring elementary schools beginning momentum to establish work groups/action to their schools.</p> <p>Overall, the <u>theme of bullying</u> is at the core of many current discussions/committees in schools</p> <p>3) <u>High needs school area</u>: that has established preschool focused support centre is linked with neighbourhood school parent/school-aged child drop in. Exploring needs & environmental supports to improve health of these children.</p>	<p>Public Health Nurse Police School Board Child & Youth Worker</p> <p>Children’s Aid Society worker Public Health Nurse Police Preschool Centre coordinator Elementary School</p>
<p>Hastings & Prince Edward Counties – Healthy Active School Communities</p> <p>Contact person: Cathy McCallum H & PEC Health Unit (613) 966-5513 x 219 cmccallum@hpechu.on.ca</p>	<p>Our local initiative, Healthy Active School Communities (HASC), started in 2001/2002. The following are the steps that we have taken so far.</p> <p>1. Established a HASC Committee. A group of passionate individuals from various backgrounds (education, health, community sectors, etc.)</p> <p>2. Developed a “Blueprint for a Health Promoting School”. A tool that describes key components of a healthy active school community. The framework was adapted from CAHPERD’s Quality School Health Checklist. Some schools have used it as an assessment tool.</p> <p>3. Developed other resources. Put together a binder that outlines the concept of HASC, guiding principles, the process of becoming a HASC, models from around the world, and more. We are currently developing other resources to support the pilot schools.</p> <p>4. Established pilot schools. We have seven schools piloting the HASC initiative. Three are from the Hastings & Prince Edward District School Board and four are from the Algonquin & Lakeshore Catholic District School Board. They are in the process of assessing their school community, identifying goals, and planning strategies to implement in their schools. The committee is supporting these schools with facilitation of planning meetings, assistance in data</p>	<p>Hastings and Prince Edward District School Board</p> <p>Algonquin and Lakeshore Catholic District School Board</p> <p>Hastings & Prince Edward Counties Health Unit</p> <p>Canadian Cancer Society</p> <p>Gateway Community Health Centre</p> <p>Heart and Stroke Foundation of Ontario</p> <p>Ontario Physical and Health Education Association (advisory role)</p>

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	collection, and in addressing challenges.	
<p>Kingston, Frontenac and Lennox & Addington [KFL&A] Health Unit</p> <p>Contacts: Heather Quance Public Health Nurse hquance@healthunit.on.ca</p> <p>Mary Jean Short Public Health Nurse mshort@healthunit.on.ca</p>	<p>The School Health Team at the KFL&A Health Unit offers healthy lifestyle programs to elementary and secondary schools in our area. For example: Drive for Life is a drinking and driving prevention program targeted to grade 11’s; Teens Trashing Tobacco is a smoking prevention program targeted to grade 7&8’s ; Energy Check is a healthy eating and physical activity program targeted to grade 10’s.</p> <p>School Health Team members are also involved with a hearts@work (part of Ontario’s Heart Health Program) initiative called BASIC (Be Active Schools Initiative Committee). This committee is advocating for school physical activity policies in area elementary schools.</p> <p>The KFL&A Health Unit is presently contacting community members with the hopes of establishing a sun safety coalition to work on community based initiatives. School programs have been established. The Adult Health Team has established work place programs.</p> <p>Information on other School Health Team programs can be accessed on our website: www.healthunit.on.ca.</p>	<p>Community partners who assist with the delivery of these programs include the police (Drive for Life) and Kingston and Area Active Schools Action Team (Energy Check).</p> <p>Hearts@work is a partnership of 16 local organizations. Also involved in this initiative are the 2 local Boards of Education and 6 pilot schools.</p> <p>For example we partner with groups such as: Active and Safe Routes to Schools, Bicycle Safety organizations, Community Food Advisors (for healthy eating presentations).</p>
<p>Community Health Services Department, County of Lambton</p> <p>Contact: Christine Preece 160 Exmouth St. Point Edward, ON N7T 7Z6 (519) 383-8331 x 515 chris.preece@county-lambton.on.ca</p>	<p>For the past ten years, the CHSD has been working with 12 wellness councils in both elementary and secondary schools in Lambton County. These councils are student led with either a staff or parent advisor. These councils plan, implement, and evaluate health programs and activities in their schools. CHSD has a staff member that attends meetings and acts an advisor to these councils. As well we provide resources to these councils for their wellness/health initiatives.</p> <p>In 1994, the Lambton County Student Wellness Committee (LCSWC) was formed because the students involved in the local school wellness councils wanted an opportunity to network and share ideas with other schools. They also cited the reason “to meet at a non-competitive level”. Thus the</p>	<p>It must be noted that student wellness councils work with many community partners. Below are just a few:</p> <ul style="list-style-type: none"> ✓ St. Clair Catholic School Board ✓ Lambton-Kent-District School Board ✓ City of Sarnia, Community Services ✓ Sarnia Lambton Training Board ✓ Lambton Drug Awareness Action Committee ✓ Sarnia Firefighter’s Association

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	<p>LCSWC was initiated and has been in existence ever since. LCSWC consists of representatives from most of the area secondary & elementary schools and has been instrumental in bringing new ideas about for health promotion strategies in the schools. It serves as a mechanism to brainstorm and share ideas for action plans within the school and community. LCSWC has taken on other projects such as advocating for a community youth action centre, hosting Christmas parties for needy children that attend the local food bank, and providing focus tests for a provincial campaign targeting heavy youth drinking.</p>	<ul style="list-style-type: none"> ✓ Imperial Oil ✓ Sunoco ✓ Sarnia Community Foundation ✓ Inn of the Good Shepherd Local Food Bank ✓ Community Active Living Lambton ✓ Sarnia-Lambton YMCA ✓ Council for Tobacco Free Lambton ✓ Lambton Heart Health ✓ Centre for Addiction and Mental Health ✓ Sarnia Police ✓ O.P.P. ✓ Canada Customs ✓ Sarnia Observer ✓ Radio Sarnia Lambton ✓ North Lambton Community Health Centre
<p>Lions-Quest Canada</p> <p>Contact: Joanne McQuiggan, Executive Director</p> <p>7-515 Dotzert Court Waterloo, ON N2L 6A7 800-265-2680 519-725-3118 (fax) www.lions-quest.ca</p> <p>qbear@lions-quest.ca</p>	<p>Almost 10,000 educators in 31 English Language DSBs and 23 English Language Catholic DSBs have taken 1-2 days of training and use Lions-Quest resources to develop healthy, capable young people of strong character.</p> <p>Key components of the effective CSH approach include curricular material, training, family/community support, and school climate. The focus is on skill development and practice.</p>	<p>Lions Clubs across Ontario fund/subsidize the programs</p> <p>17 Schools Districts with their own trainers</p>
<p>Middlesex-London Health Unit.</p> <p>Contact: Yvette Laforêt-Fliesser Manager, Young Adult Program,</p>	<ul style="list-style-type: none"> ▪ in 1994, adopted Comprehensive School Health as our model/framework for delivering school health services using a grassroots approach ▪ have Public Health Nurses assigned to elementary and secondary schools; high schools have a PHN one day a week -over 25 schools have engaged in Healthy Schools process: a health profile of the school identifies 	<p>Thames Valley District School Board</p> <p>London District Catholic School Board</p> <p>Two French First Lanaguage High Schools-</p>

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<p>Family Health Services</p> <p>519-663-5317 (2242)</p> <p>yvette.laforetfließer@mlhu.on.ca</p>	<p>health and social issues and concerns that build on the strengths of the school community; a Healthy Schools have a committee composed of students, parents, teachers, a principal or VP; monthly meetings to develop a variety of initiatives -are actively collaborating with our school boards and local school community partners (principals, teachers, parents, students, community agencies) to engage more school communities in this process and to have health goals become part of school improvement planning</p> <ul style="list-style-type: none"> ▪ have a variety of Healthy Lifestyles staff as well as other service area staff (e.g. immunization, communicable disease control, healthy environments, dental) delivering programs or services to promote healthy schools 	<p>public and catholic</p>
<p>Regional Niagara Public Health Department</p> <p>573 Glenridge Ave. St. Catharines, Ontario L2T 4C2 905 688-3762 (main office)</p> <p>connie.dixon@regional.niagara.on.ca</p> <p>on behalf of the Youth Connection Secondary School Team RNPH Dept.</p> <p>donna.kalailieff@regional.niagara.on.ca</p> <p>Program manager Youth Connection Secondary School Team</p>	<p>Currently all schools have a designated public health nurse at a ratio of 1 nurse to 12-14 schools at the elementary level and 1 nurse to 4-5 schools at the secondary level. This team delivers a variety of health promotion and disease prevention programs that meet the public health mandate and support the existing curricula. Collaboration exists from the Board of Education level to the school administration level. Services are often provided in conjunction with community partners and in collaboration with school advisory councils and student councils. Currently a school health profile is completed yearly in conjunction with the school administrator. It is this tool that is used to determine the priority health issues in each setting. A more collaborative effort with the proposed provincial infrastructure will undoubtedly ensure the greatest opportunities for Ontario children and youth to reach their full potential.</p>	<p>Niagara District Catholic School Board District School Board of Niagara Region Le Conseil Catholique de District Centre-Sud-Ouest Le Conseil Scolaire Public de District du Centre-Sud-Ouest</p> <p>Some programs are delivered in collaboration with community agencies such as</p> <p>Canadian Diabetes Association Canadian Cancer Society Heart and Stroke Foundation Heart Niagara Niagara Regional Police Department Ontario Lung Association</p> <p>to name just a few.</p>
<p>The Ontario Association for the</p>	<p>OASPHE is a subject association/ organization comprised of Health/Phys-Ed</p>	<p>Ontario Physical and Health Education</p>

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<p>Supervision of Physical and Health Education [OASPHE]</p> <p>Deb Sprentz (president) dsprentz@hwdsb.on.ca</p>	<p>coordinator/consultant/teacher reps. (elementary and secondary) from school boards across the province. Our role is two-fold. We are advocates for Health and Phys-ed and feel we play a role to provide awareness in order to improve the state of Physical Education in elementary and secondary schools in Ontario.</p> <p>We promote and support initiatives related to Health and Phys-ed in schools with the sole purpose of motivating and inspiring kids to make healthy choices in order to become life long healthy individuals.</p> <p>Our organizational mandate is to advocate for quality health and physical education, to provide curriculum leadership in health and physical education, and to provide support and leadership for those in a supervisory role in health and physical education in their respective boards. With the extensive changes in the Health and Physical education curriculum, we feel it is essential that Boards have representation in our organization in order to help them provide leadership to teachers in their boards.</p>	<p>Association [OPHEA]</p>
<p>Ontario English Catholic Teachers’ Association</p> <p>Contact: Victoria Hannah Staff Officer Suite 400 65 St. Clair Ave. E. Toronto ON M4T 2Y8 416 925 2493 ext 315 v.Hannah@oecta.on.ca</p>	<p>The Ontario English Catholic Teachers’ Association is a member of the Ontario Healthy Schools Coalition. The Association monitors the minutes of the meetings and provides feedback to the local units on the activities.</p> <p>The Association has an active Health & Safety Committee at the provincial level. This committee is currently conducting a province-wide survey on the state of the science laboratories and science classrooms in the catholic secondary schools. Once the results are tabulated, the Committee will make recommendations to the provincial executive for action. The report will also be shared with the broader stakeholders in the school communities.</p>	<p>The Association is working closely with the Science Teachers’ Association of Ontario. The STAO is also developing liaisons with other stakeholders in the field of science education.</p>
<p>Ontario Federation of Home and School Associations (OFHSA)</p> <p>Contact:</p>	<p>Last year we sent copies of the Activity Guides for active schools to all Associations; this month we have included an article in our OFHSA Bulletin newsletter that goes to all members about the free programs and resources for healthy schools available on the OPHEA web site; in April 2003, we will be</p>	<ul style="list-style-type: none"> ▪ OPHEA ▪ We also have affiliate memberships with the Ontario Public School Boards Association, the Ontario Secondary

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<p>Sue Robertson 1st Vice president OFHSA 446 Grey Street, Suite 202, Brantford ON, N3S 7L6 info@ofhsa.on.ca</p>	<p>running two workshops on providing QDF (Quality Daily Fitness) programs in a normal classroom environment; the Leader of our Health and Social Issues Work Group is part of the Ontario Healthy Schools Coalition; we are continuing to monitor the resources sent out through that network and passing on the information to local Home and School Councils and Associations for their use; and we are currently working with the Ontario School Bus Association on a joint venture to produce an information brochure to improve the safety of children riding school buses; many of our member schools run breakfast and snack programs through their Home and School Associations.</p>	<p>School Teachers Federation, the Elementary Teachers Federation of Ontario, and the Ontario School Bus Association</p> <ul style="list-style-type: none"> ▪ We are members of the Canadian Home and School Federation and support several initiatives on a national basis through that group. For example, we are supporters, promoters and users of the Breakfast For Learning Program of the Canadian Living Foundation.
<p>Peel Health</p> <p>Contact: Shino Philips shino.philips@region.peel.on.ca</p>	<p>Peel Health is presently working in partnership with the schools boards using the comprehensive school health (CSH) model. This includes:</p> <ul style="list-style-type: none"> • Board level partnership committees • School Board Liaison • Public Health Nurses assigned to schools to support CSH projects 	<p>Peel District School Board Dufferin-Peel Catholic District School Board</p>
<p>Simcoe County District Health Unit</p> <p>Contact: Carolyn Shoreman Manager: School Liaison Team (705) 721-7330 ext 361 cshorema@simcohealth.org</p>	<p>The concept of Comprehensive School Health has been presented to the management team at the Health Unit as well as the Board of Health. Comprehensive School Health has been incorporated into the Operational plan for 2002 and 2003 for the School Liaison Team and related programs. The Simcoe County Health Unit has supported the efforts of School Health Liaison PHN’s coordinating a meeting of personnel from Health Units in the central east and neighbouring units in order to discuss the issue and facilitate communication about school health initiatives.</p>	<p>The Health Unit currently has a PHN partnered with the Simcoe County District School board and with the Simcoe Muskoka Catholic District School Board</p>
<p>Sudbury & District Health Unit</p> <p>1300 Paris Street Sudbury, Ontario</p>	<p>Healthy Schools Healthy Kids 39 Healthy Schools in the Sudbury & District Health Unit area. 9 of those schools are new schools recruited this year... 1 more to go!</p>	<p>Sudbury & District Health Unit Heart Health</p>

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<p>P3E 3A3</p> <p>Contact: Erik Labrosse, Health Promoter, School Health Promotion</p> <p>Coordinator Healthy Schools Healthy Kids</p> <p>labrossee@sdhu.com 705-522-9200 Ext. 304</p> <p>&</p> <p>Charlene Plexman Manager, School Health Promotion</p> <p>705-522-9200 Ext. 227</p>	<p>Each school has a HSHK coordinator/champion. Each coordinator/champion is paired up with a PHN from the SDHU School Health Team. HSHK events are planned by and led by the coordinator, and co-planned with the help of the PHN and school parent council. The PHN supports HSHK school events and initiatives with resources on PA, Nutrition and Tobacco Awareness. Each new school has to complete a baseline tool/needs assessment. Using data from the needs assessment, a school profile is compiled and presented to the school parent council. The presentation of the profile is followed by a school visioning/planning session with the PHN and Coordinator. For 2002-03, each HSHK school will be awarded \$200.00 to support HSHK events at their school. HSHK Schools/coordinators had to submit a brief proposal with an outline of how the money would be used, and a brief description of the event.</p> <p><i>Please see other file titled: Activities Outline, for a description of HSHK activities for the fall of 2002.</i></p>	<p>Advisory Committee: Laurentian University Cambrian College School Board Curriculum Consultants and teachers</p> <p>The Program is partly funded (\$15 000.00) by: Heart Health.</p> <p>SDHU School Team has one staff serving as HSHK coordinator. Each School Team PHN manages approx 2-3 HSHK schools. HSHK is one of the program responsibilities for the SDHU School Health Promotion team.</p> <p>Tools/programs used to support/promote HSHK:</p> <p>HSHK CD-ROM resource Physical Activity Workshop Coordinator Workshop Bilingual incentives (shirts, Frisbees, water bottles, etc...) Recruitment Power Point Presentation: Shackelton Theme”</p>
<p>Thunder Bay District Health Unit</p>	<p>-presently restructuring is occurring and a new program which will encompass Healthy Schools is being formed under a Manager- Healthy Communities.</p> <p>-the program will be staffed by 3.5 FTE’s and will use the Comprehensive School Health model to carry out school health programming</p> <p>-program examples include Active Safe Routes to School, needs assessment, work with program staff to promote school-based initiatives for students and staff (school as a worksite).</p>	<p>-Plan to work with boards of Education to initiate Joint Liason committees</p> <p>-Work with principals, teachers, students, worksite wellness staff, mandatory program staff</p> <p>-Work with School Advisory Councils, student Councils, supportive community coalitions/agencies – e.g.</p>

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		Eco-Superior, Risk watch - Facilitate implementation of Mandated Programs and Services in school communities
<p>Toronto Catholic District School Board</p> <p>Anthony Petitti</p> <p>anthony.petitti@tcdsb.org</p>	<p>Our board has embarked on an ambitious endeavour whereby all schools are being encouraged to develop <u>Physical Activity Action Plans</u> consistent with CSH, as part of their annual local school action planning. Schools are being asked to develop plans that will increase the physical activity level of students in a manner which meets their local needs. A wide range of resources has been provided to all schools. Initial in-servicing for all principals, physical /health education department heads and elementary school athletic representatives has been completed. Plans are underway to develop an electronic template to facilitate the development of these action plans. A report to the board regarding the implementation status of this initiative is scheduled for March 3, 2003.</p>	<p>Toronto Public Health</p> <p>Toronto Heart Health Network</p> <p>Ontario Physical and Health Education Association</p>
<p>Toronto District School Board</p> <p>Contact: Richard Ward District-wide Coordinator for Health and Physical Education East Education Office 140 Borough Drive 2nd Level Scarborough, ON M1P 4N6</p> <p>(416) 396-6000 richard.ward@tdsb.on.ca</p>	<p>Developed a draft Foundation Statement for Comprehensive School Health for the Toronto District School Board. The draft statement has been submitted to Senior Staff for broader Board support for CSH.</p> <p>Assisted with the design and development of the Metropolitan Toronto Police Five-Core Curriculum (street safety, bullying, gang violence, substance use and abuse). Trained the police officers responsible for the delivery of the school programs.</p> <p>“Go Outside the Box” campaign. A one-week campaign to engage students, families and community members in active alternatives to screen time (TV, computer games).</p> <p>Ongoing support of Healthy Schools initiatives e.g., In the Driver’s Seat, Party in the Right Spirit, Not to</p>	<p>Toronto Public Health</p> <p>Metropolitan Toronto Police</p> <p>Toronto Public Health Toronto Libraries Metropolitan Zoo Ministry of Tourism and Recreation Toronto Catholic District School Board City of Toronto</p> <p>Toronto Public Health</p>

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	<p>Kids, Heart Health Network.</p> <p>Dedicated funds to promote Quality Daily Physical Education in TDSB schools.</p>	Toronto Public Health
<p>Toronto Public Health</p> <p>Contact: Carol MacDougall School Health Consultant, Planning and Policy 277 Victoria Street Suite 202 Toronto, ON M5B 1W2 (416) 338-7864 cmacdoug@toronto.ca</p>	<ul style="list-style-type: none"> ▪ in July 2000 adopted Comprehensive School Health as our model/framework for delivering school health services ▪ have liaison Public Health Nurses assigned to clusters of schools ▪ have a variety of Healthy Lifestyles staff as well as other service area staff (e.g. immunization, communicable disease control, healthy environments, dental) delivering programs or services to promote healthy schools ▪ are actively collaborating with our school boards and local school community partners (principals, teachers, parents, students, community agencies) to broaden understanding of and joint action within the CSH model, to address school health issues 	<p>Toronto District School Board</p> <p>Toronto Catholic District School Board</p> <p>Toronto Public Health partners and collaborates with many agencies in the community to plan and deliver our programs in Toronto.</p>
<p>Region of Waterloo Public Health</p>	<p>There is an internal committee working on:</p> <ol style="list-style-type: none"> 1. Further exploration of the concept of “Health Promoting Schools” 2. Assessment of Public Health Department’s readiness to implement this model on a very limited scale. 3. Assessment of community readiness to work with us on this model. 	Currently it is only an internal initiative with the purpose of exploring future possibilities of external partnership.
<p>Regional Municipality of York</p> <p>Contact: Loretta Bernard Team Leader 465 Davis Drive, Suite 240 Newmarket, ON L3Y 2P1 905-830-4444 X 4545 loretta.bernard@region.york.on.ca</p>	<p>Certain projects being initiated or are ongoing with a CSH approach</p> <ul style="list-style-type: none"> ▪ Violence and Bullying Project ▪ Food and Nutrition Project ▪ Wild For Wellness <p>Will be exploring development of a CSH model or framework with the Coalition and with our public board consultant with the hopes of a possible CSH pilot project starting in the Fall of 2003 We plan to make CSH/Healthy Schools presentation to our Public Health Branch Program Managers in May 2003 (We’re currently in re-org mode)</p>	<p>School Boards for CSH Initiatives</p> <p>We have other partners on side depending on the project e.g. Police-Violence & Bullying Parks and Rec</p>