## Keeping Kids Healthy



Through Collective Impact



## PROJECT PARTNERS























## PROJECT VISION

- Build linkages between health and social sector players that can work to impact children's health, particularly those disproportionately affected by the social determinants of health (SDOH).
- Increase the integration of systems that support health in order to better address SDOH and health equity.
- Build on previous Healthy Kids Community Challenge (HKCC) initiatives by referring to existing HKCC networks and linkages and sharing lessons learned from a provincial scan of Ontario's 45 HKCC communities.



### WORKSHOP OBJECTIVES

- To develop strong working relationships
- To become more familiar with the Collective Impact approach and process
- To build capacity for collaboration by growing key skills:
  - Build relationships and trust
  - Engage new and unconventional allies
  - Increase ability to communicate clearly
  - Adapt to various work cultures and capacity of various stakeholder groups
  - Developing facilitation skills
- To effectively coordinate our efforts together and plan next steps

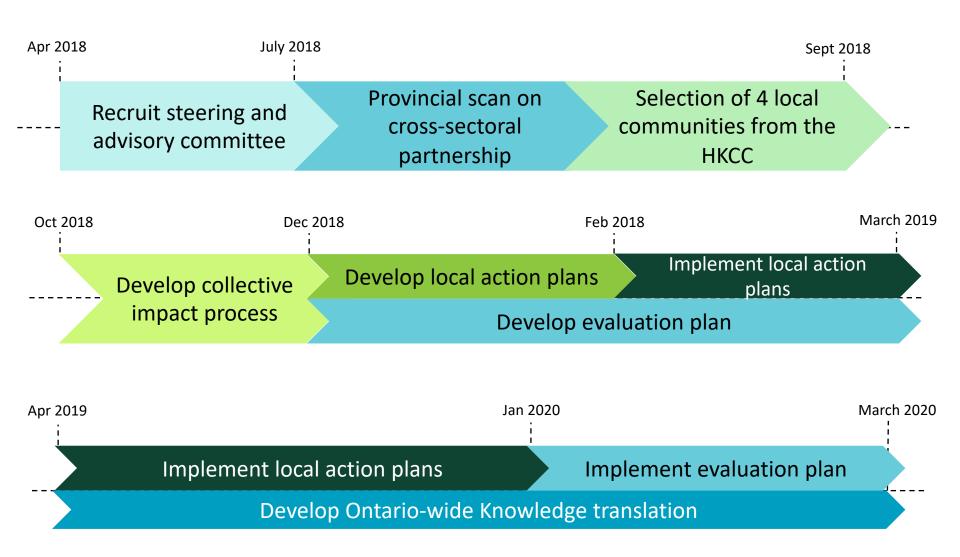


## WORKSHOP AGENDA

- Learning from the environmental scan study
- 2. Building capacity for collective impact
- 3. Collective impact process design



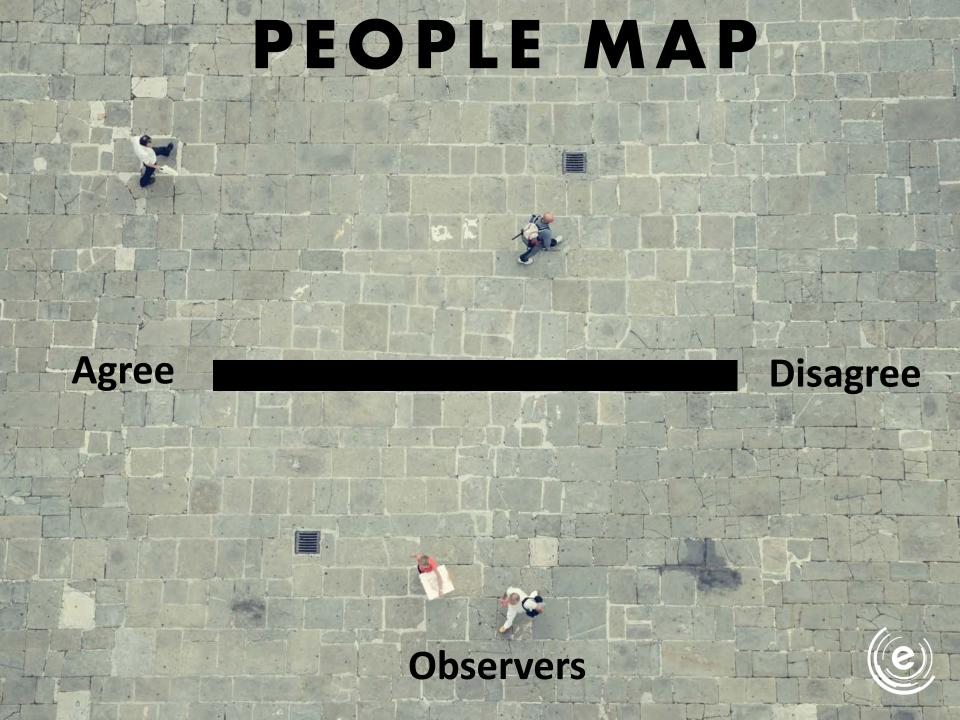
## PROJECT TIMELINE



## ICEBREAKER







## GROUP ACTIVITY

- 1. Pair up
- 2. Using the narrative structure provided, describe some of the key challenges you have experienced by writing a personal story on the cue card
- 3. You may choose a challenge that you have successfully overcome, or a challenge you are still working on.
- 4. Make sure your story is anonymous, eg. "a school board", "a non-profit organization", "a senior leader"







## COLLECTIVE IMPACT PRINCIPLES

- Common Agenda
- Mutually Reinforcing Activities
- Shared Measurement System
- Continuous Communication
- Backbone Support

## ONTARIO FOOD COLLABORATIVE

- Strategic Plan
- Three working groups and a steering committee
  - Stakeholder Engagement Working Group
  - Metrics Working Group
  - Strategic Messaging Working Group
- Working across Public Works
- Working on food waste reduction at the household level



### ONTARIO FOOD COLLABORATIVE

### **SUCCESSES**

- Created tools and resources for multi-level campaign
- Created municipal food waste audit guide for consistency
- Shared knowledge to launch campaigns in other municipalities
- Relationship with National Zero Waste campaign

### **CHALLENGES**

- Resourcing the coordination and facilitation role effectively
- Communication breakdowns from underresourcing coordinator role
- Minimal financial contribution from other municipalities

# PEEL ALTERNATIVES TO CHOOSING HOSPITALIZATION (PATCH)



 Group of community organizations and service providers, local hospitals and other health and housing services in Peel

- Concern: Uncoordinated system was putting strain on Healthcare system
- Lip service to Collective Impact without implementation
- Developed a Theory of Change through a highly collaborative process
- Identified areas of working together



## PEEL ALTERNATIVES TO HOSPITALIZATION (PATCH)

## SUCCESSES

- Engagement from the funder was high and positive
- Strong evaluation framework created
- Inter-agency communication increased significantly
- Engagement of additional stakeholders naturally occurred

### **CHALLENGES**

- No one knew what they were doing so they had to justify their involvement
- Differences in organizational culture became apparent
- Trust issues between groups that compete for funding
- Staff turnover created delays



## DEVELOPING STRONG WORKING RELATIONSHIPS

- Early Buy-in
- Understanding Constraints
- Relates to the strategic plans and missions
- How do they want to be involved?



## ENGAGING PEOPLE WITH LIMITED TIME



- Be realistic
- Survey groups on their time availability
- Meaningful contributions
- Light-touch coordination
- Getting approval
- Acknowledge, Acknowledge, Acknowledge



## INVOLVING NEW STAKEHOLDERS

- SPARK new conversation
- REINGNITE concepts and non-conventional language
- LISTEN to new stakeholders
- PARTICIPATORY action research
- EMPATHIZE
- CHALLENGE



## KEY TENSIONS MUST BE USED STRATEGICALLY TO INCREASE ENGAGEMENT

- Forward momentum
- Leverage the engagement of some to get the engagement of others
- Personal relationships are key
- Talk to people in unlikely places
- Make powerful requests of people (with NO PRESSURE)



## MODELING CLEAR COMMUNICATIONS

- Intentionality = Clarity
- Understand the communication needs
- Messaging is key
- Simplify language and visuals
- Progress updates through dashboards
- Fine-tune communications by reflection
- Reframe the problem



## GROUP ACTIVITY

- 1. With your cue cards from activity #1, form groups of three
- 2. Each group should consist of three different armband colours
- 3. As a group, choose one cue card in which you will strategize a way to overcome the challenge identified
- 4. Write the strategy on the back of your cue card
- 5. When you are finished, start on another cue card or develop a new challenge to overcome









## GROUP ACTIVITY

- 1. Form 4 groups based on location. Members of the backbone support orgs (OPHA, partners) will spread across the 4 groups.
- 2. Tailor the journey to each of the communities journey over the next 16 months.
  - Choose facilitation tools that may be relevant to use
  - Identify key activities, challenges and strategies to overcome challenges





## ART OF HOSTING



Photo Credits: Art of Hosting

Circle
World Café
Appreciative Inquiry
Open Space Technology
ProAction Café
Storytelling

**Source:** Art of Hosting

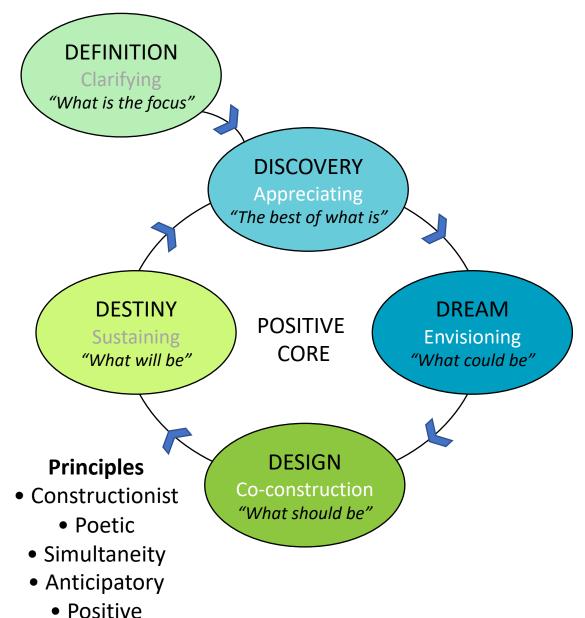
#### When to use it:

To build a movement and to gain buy-in from a maximum number of stakeholders. To create space for people to harness their collective wisdom and self-organize.

### How to use it:

Use in any workshops and gathering with diverse stakeholders across sectors.

### APPRECIATIVE INQUIRY



**Source:** Cooperrider, D.L. & Whitney, D.

#### When to use it:

To align a group of diverse stakeholders and have them realize a potential future.

### How to use it:

Approach/Philosophy to facilitation

- What we say matters
  - Observe deeply
- Questions are generative
  - Our visions happen
  - Affirmation is power

### U THEORY

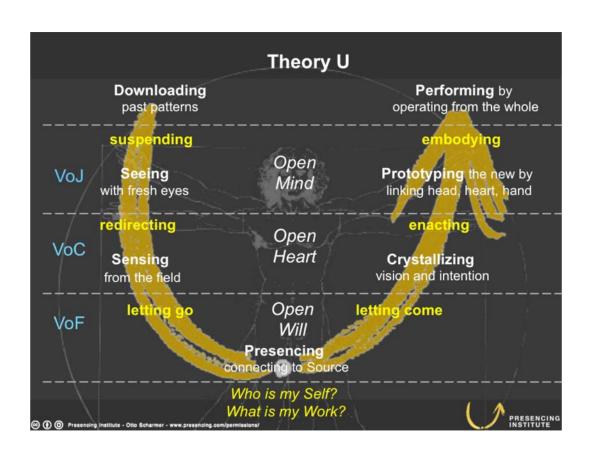


Photo Credits: Presencing Institute

**Source:** Presencing

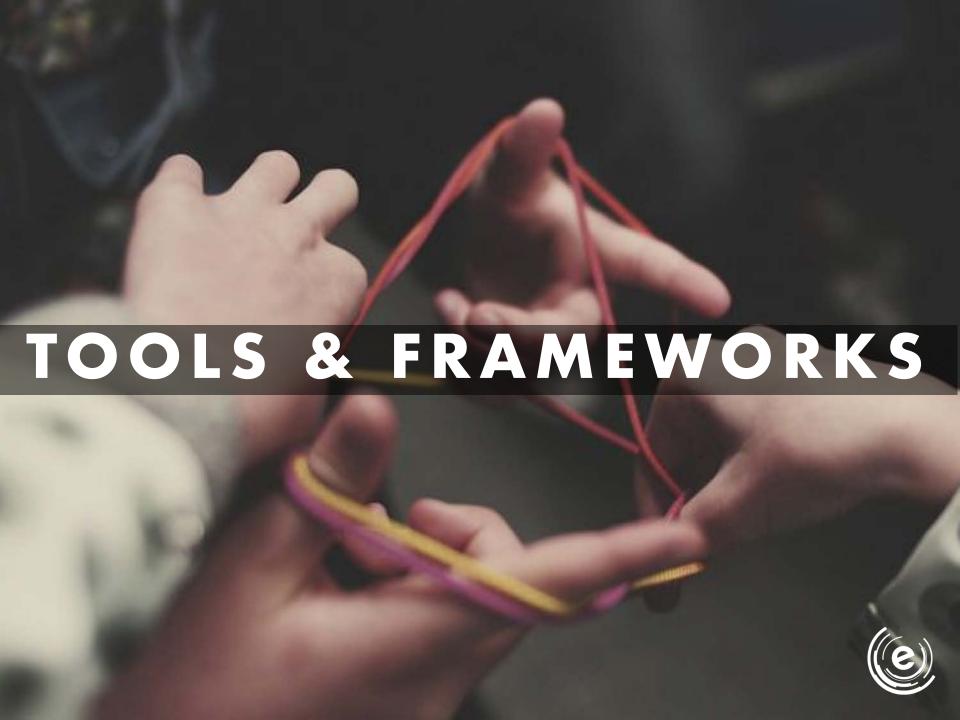
Institute

#### When to use it:

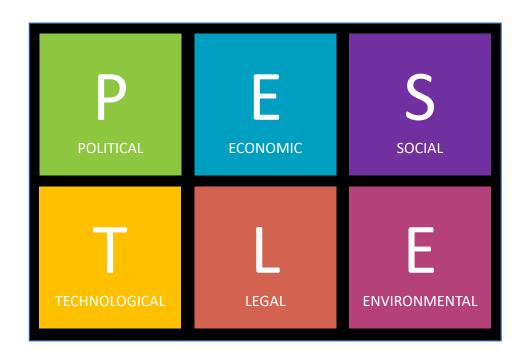
To create entirely new solutions. A way of discovery what groups will work on together in order to innovate.

#### How to use it:

Training is required before integrating the approach into all meetings and gatherings.



### SITUATIONAL ASSESSMENT



**Tool:** Interview/Survey

#### When to use it:

To understand one moment in time in a complex environment, and build shared understanding among stakeholders.

How to use it: mixed methods approach (survey, interviews, focus groups, etc...) using a SWOT/PESTLE framework

### SOCIAL NETWORK MAPPING

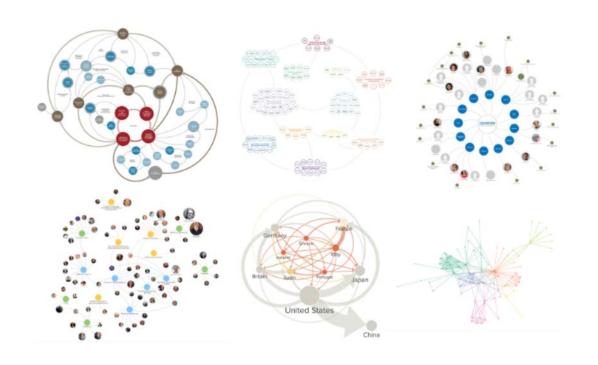


Photo Credits: KUMU

Tool: e.g. KUMU

#### When to use it:

To visualize the relationships, gaps, and attributes of a network so the network can can be strengthened.

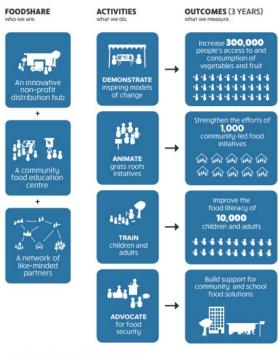
#### How to use it:

Phone interviews or online survey to identify activities and network members.

Data entered into software. (monthly subscription)

## THEORY OF CHANGE

### FOODSHARE THEORY OF CHANGE



Enhanced access to knowledge of, and consumption of vegetables and fruit

Strengthened community-led food initiatives in communities that experience the most food insecurity



LONG-TERM IMPACT

**Source:** emerged from the field of program theory in the mid 1990's

### When to use it:

To create a blueprint for systemic change. When a group of stakeholder do not have a common understanding of a problem. To help test assumptions about how change happens.

### How to use it:

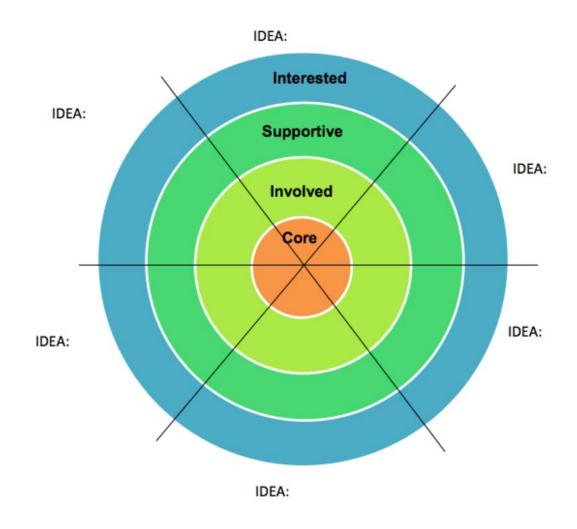
Several month process including information gathering and full-day workshops: develop understanding, define success, map a pathway to change.

FoodShare Strategic Plan 2016-2018

Photo Credits: FoodShare



## WHEEL OF ENGAGEMENT



**Source:** Tamarack Institute

### When to use it:

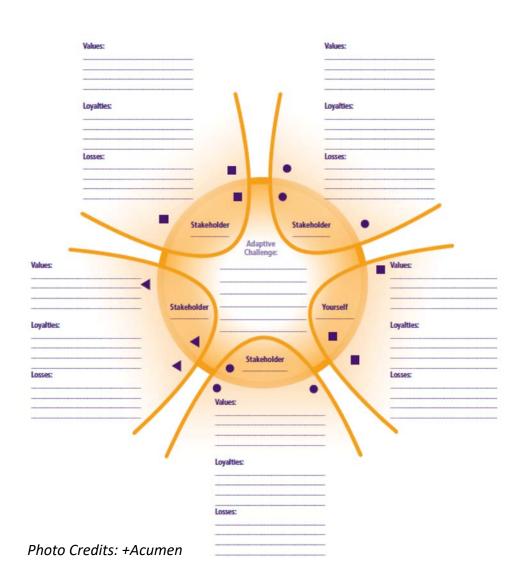
To quickly assess the desired level of involvement from multiple stakeholders in the opportunities and work of your group.

### How to use it:

15 min exercise during a multi-stakeholder workshop. Each participant will position themselves on the bulls-eye

Photo Credits: Tamarack Institute

## ADAPTIVE LEADERSHIP



Source: +Acumen

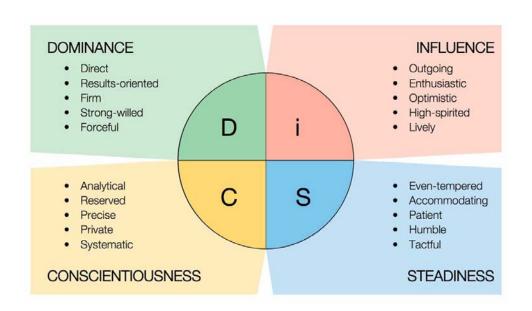
### When to use it:

When stakeholders to change their priorities, believes, habits and/or loyalties to mobilize for change and disrupt the status quo.

### How to use it:

5 weeks course starting Nov 13, 2018. for 3-8 people, 3hr/week.

### ADAPT TO BEHAVIOUR STYLE



**Source:** Bonnstetter, Bill J., Suiter, Judy I., and Widrick, Randy J.

### When to use it:

To adapt communication to the behaviour style of a a prospect or existing partner.

#### How to use it:

In advance of a negotiation meeting.

## PPOP MODEL



**Source:** Social transformation project

### When to use it:

To prepare for important meetings

### How to use it:

- Perspective: describe the mindset you need to be in.
- **Purpose:** why are you meeting?
- Outcomes: select 2-3
  measurable outcomes to
  achieve by the end of the
  meeting.
- Process: describe a clear process for how to achieve outcomes and fulfil the purpose

# PROCESS MAPPING

Oct 20	18 De	c 2018	Feb 2018	Apr 2019	Jan 2020	March 2020
	Develop collective	Develop	local action plans	Implement local action		mplement evaluation plan
	impact process		Develop evaluation plan		Develop Ontario-wide Kn	nowledge translation
Activities						
Challenges						
Strategies						





# GROUP ACTIVITY

We have now added a second roll to your timeline by assigning roles and responsibilities by stakeholder groups:

- Community Lead
- Community Partners
- OPHA + Steering Committee
- Eco-Ethonomics



# PROCESS MAPPING

Oct 20	018 Dec 2	2018 Feb	2018 Ap	r 2019	Jan 2020	March 2020
	Develop collective	Develop local action plans		nt local action plans		nt evaluation plan
	impact process	Develop evaluat	ion plan	Develop C	Ontario-wide Knowledge	e translation
Local Lead						
2						
Local Partners						
Loca						
Steering Committee						
ОРНА						
E						



# NEXT STEPS

- EE and OPHA to prepare for each community workshop
- Community lead to invite a maximum number of partners and stakeholders to their local workshop
- Community leads to identify 3-5 new partners and invite them to their local workshop
- Choose a date to organize bi-weekly check-in meetings facilitated by EE





"You never change things by fighting the existing reality.
To change something, build a new model that makes
the existing model obsolete."

- Buckminster Fuller





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