

NRC WEBINAR SERVICES

What can NRC offer you?

WEBINAR STATS



Were satisfied or very satisfied with the webinars they attended



Participants annually from public health, industry, academia, primary care and more!



Over 90% say webinars will enhance their work/ practice

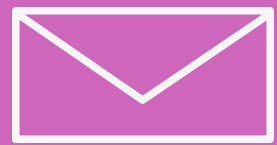
RELEVANT TO YOUR NEEDS



Evidence-informed webinars to enhance knowledge and practise



Suitable for public health promotion professionals in a variety of disciplines



Can submit topic requests easily

TOPIC DEVELOPMENT



Follow current trends



Keep up with latest research in nutrition & public health



Successful and notable program monitoring

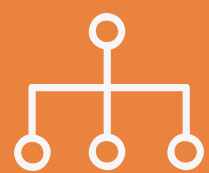
WEBINAR TOPIC AREAS



Chronic diseases
Obesity
Special populations
Nutrition trends



Food insecurity
Food literacy
Food environments



Policy
Programs
Strategies
Data/ evidence

SELECTED WEBINARS 2014-2017

Kids in Focus

Sleep, Food Intake and Obesity in Kids

Using Social Marketing to Promote Water and Reduce Sugary Drinks

The Bigger Picture: Lessons on Engaging and Empowering Youth in Health Promotion

Youth on Track for Health: Making the Healthy Choice the Easy Choice in
Local Youth Group Homes

Students Packed Lunches in Balanced School Day and Traditional Schools:
How Do They Differ?

Healthy Aging

Food-first Approach to Healthy Aging: New Research Exploring Functional Agri-foods

Making the Most of Mealtimes in Long-Term Care

Food Policy

Tax Sugar-Sweetened Beverages

Food Insecurity: Dedicated, Effective Policy Solutions

Towards a National Food Strategy: A Shared Vision for Food and Agriculture in Canada

Food Environment

Conducting Retail Food Environment Assessments in Diverse Urban Settings

Healthy Beverages in Recreation Centres

Healthy Food Zones: Assessing Food Outlet Density and Purchasing Behaviors of Students

Digital Diagnosis of Population Nutrition

Dietary Guidelines

Refocusing Canada's Food Guide

Sustainability in Dietary Guidelines: A Survey of International Examples

Drawing the Line: Ultra-processed Foods and Canada's Dietary Recommendations

Learn About the New Dietary Guidelines Advisory Report

Obesity Messaging & Chronic Disease Prevention

Advancing the Discussion: Obesity and Overweight Messaging in Health Promotion

Influencing Obesity in the Media

Personal Responsibility vs Environment? Changing How We Talk About Obesity

Unpacking Food Literacy

Locally Driven Collaborative Project on Food Literacy

How Can it Be Described and Measured?

Evolution of Food Skills to Food Literacy

Food Sustainability/Systems

Modern Diets, Big Food, and Our Health

Towards a National Food Strategy: A Shared Vision for Food and Agriculture in Canada

Other Hot and Emerging Areas

Mobile Food Revolution- Can Apps Promote Healthy Eating

The Nutrient-Gene Connection: Implications for Dietetic Practice and Healthy
Eating Promotion

Changing How We Do Nutrition

The Gut Factor: Probiotics, the Gut Microbiome and Human Health

Supplemented Foods – A Growing Trend